

Hear it on the...



Food Hotlines

Help Is Only a FREE Call Away!

081-98

- ◆ When the instructions say to baste your turkey, do you reach for a needle and thread?
- ◆ Are you on a special diet and need to know more about a specific product?
- ◆ Do you need information on safely handling perishable foods?
- ◆ Do you want to know more about using a particular food in a recipe?

If so, you can call the toll-free numbers listed here for professional help. You'll get the assistance you need, and your call will help the company or organization track what consumers are thinking and what they need to know about food products.

Here are some tips for using toll-free numbers:

- ◆ To learn if there is a hotline for an organization or company, call directory assistance at 1-800-555-1212.
- ◆ New food hotlines are continually being added. Also, some numbers change or are dropped. Check product labels for further hotline information if some of these numbers are discontinued. Or call directory assistance at 1-800-555-1212.
- ◆ Many hotlines are very popular. Grab a favorite book or magazine in case you have to wait before your call goes through.
- ◆ Some hotlines ask callers with touch tone phones to push various numbers to reach the area of needed assistance. It may help to have a paper and pencil handy. Or, many times, you can wait for a live operator even if you have a touch tone phone.
- ◆ "Store brands" usually don't carry hotline numbers. Check with the place of purchase if you have a question about these products.
- ◆ Many food companies will provide recipes for their products. Check with them if you are looking for recipe information.
- ◆ The hotline numbers in this publication are arranged according to these categories:

Part 1: Food Companies/Food-Related Associations & Organizations

- ◆ Dairy Foods
- ◆ Fruits & Vegetables
- ◆ Grain Products
- ◆ Meat, Poultry, Fish, Eggs & Legumes
- ◆ Miscellaneous

Part 2: Food Preservation

Part 3: General Food, Nutrition, Food Safety and Health Information

Part 4: Appliances, Equipment and Cookware

Part 1: Dairy Foods

Borden's

1-800-426-7336

Dannon Yogurt

1-800-321-2174

Kraft, Inc. (*cheeses, macaroni and cheese dinners*)

1-800-323-0768

Lactaid, Inc. (*source of tablet, "Lactaid" for lactose intolerance - sample available*)

1-800-522-8243

Land O' Lakes, Inc. (*butter, sour cream, etc.*)

1-800-328-4155

Pet Inc. (Pillsbury) (*evaporated/dried milk and other products*)

1-800-325-7130

Dairy Council of Central States

1-800-279-2643

Part 1: Fruits & Vegetables

DelMonte Consumer Affairs

1-800-543-3090

Dole (*fruit and fruit products*)

1-800-232-8800

Freida's Finest Produce (*answers questions about calories, storage and cooking of exotic produce*)

1-800-421-9477

Green Giant (*Pillsbury Company*)

1-800-767-4466

Kraft General Foods

1-800-431-1001 (*general information*)

Minute Maid Juices (*Coca Cola Foods*)

1-800-438-2653

Mott's (*juices & applesauce*)

1-800-426-4891

Sunkist (*citrus fruits*)

1-800-248-7875

Part 1: Grain Products

Duncan Hines (*cakes, frosting, other mixes*)

1-800-346-6478

General Mills, Inc.

1-800-328-6787 (*Gold Medal Flour, Bisquick, Betty Crocker Cake Mixes, Soft as Silk Cake Flour*)

1-800-328-1144 (*cereals*)

1-800-231-0308 (*snacks*)

Kellogg's (*mainly cereals and breakfast products*)

1-800-962-1413

Kraft General Foods

1-800-431-1001 (*general information*)

1-800-431-1003 (*Minute Rice/Post cereals*)

Nabisco

1-800-932-7800

Pillsbury

1-800-767-4466

Bread-Making/Bread Machine Information

Red Star Yeast

1-800-445-4746

Part 1: Meat, Poultry, Fish, Eggs & Legumes

Beano (*Beano reduces gas that may result when eating foods such as dried beans. Call for information and/or a free sample.*)

1-800-257-8650

Butterball Turkey (*answers questions on turkey preparation*)

1-800-288-8372 (year-round)

1-800-323-4848 (Nov.-Dec.)

Eggbeaters (*Nabisco Brands*)

1-800-932-7800

Egg Nutrition Center

1-800-833-3447

Hormel Foods Corporation Consumer Affairs

1-800-523-4635

Nabisco (*Fleischmanns Egg Beaters*)

1-800-932-7800

Seafood Hotline (FDA) (*proper handling, safety, nutrition, and storage of fish*)

1-800-332-4010

Taylor Kitchen Thermometer Hotline

1-888-298-2956 (recorded message on food safety temperatures)

Tyson Foods, Inc. (*beef, pork, poultry and seafood products - give freezing, thawing and nutritional information*)

1-800-233-6332

United Soybean Board (*includes information about tofu*)

1-800-825-5769

USDA Meat and Poultry Hotline (*correct handling, label, nutrition and food safety information*)

1-800-535-4555

Part 1: Miscellaneous

Artificial Sweeteners

NutraSweet & Equal (*aspartame*)

1-800-321-7254

Sunette (*acesulfame K*)

1-800-344-5807

Sweet `n' Low (*saccharin*)

1-800-221-1763

Sweet One (*acesulfame K*)

1-800-544-8610

Baby Foods

Beechnut

1-800-523-6633

Gerber

1-800-443-7237

Heinz

1-800-872-2229

Spices and Flavorings

McCormick/Schilling

1-800-632-5847

Mrs. Dash Sodium Information Hotline (*answers questions about sodium content of foods and gives recipe ideas using Mrs. Dash, a seasoning blend for people trying to lower the salt content of foods*)

1-800-622-3274

Tone Spice's Advice Line

1-800-247-5251

Other

Baker's Chocolate

1-800-431-1001

Bertolli Olive Oil

1-800-908-9789

Butter Buds

1-800-231-1123

Campbell's

1-800-257-8443

Coca-Cola

1-800-438-2653

Con Agra Foods

1-800-722-1344

Cool Whip (*General Foods*)

1-800-431-1001

Hershey Food Corporation (*chocolate products*)

1-800-468-1714

International Olive Oil Hotline (*also answers questions about oil in general*)

1-800-232-6548

Jell-O (*Kraft General Foods*)

1-800-431-1001

Kraft, Inc. (*mayonnaise, dressing*)

1-800-323-0768

Land of Lakes Holiday Bake Line

(*operates during November and December, answers questions on holiday baking*)

1-800-782-9606

Minute Maid

1-800-888-6488

National Honey Board

1-800-356-5941

Nestle Foods Corporation

1-800-456-4117 (*general information*)

1-800-637-8537 (*baking and candy questions*)

1-800-637-8539 (*tea, coffee, juices, chocolate, drink mixes*)

Pepsi Cola

1-800-433-2652

Proctor and Gamble

1-800-766-7309 (*Puritan or Crisco Oil*)

Saran Wrap (*Dow Brands*)

1-800-428-4795

Part 2: Food Preservation

Canning Products/Food Preservation

Ball & Kerr (*Alltristra Corp*)

(*answer canning questions; source of supplies, newsletter*)

1-800-240-3340

Certo (Kraft) (*a liquid pectin for making jelly*)

1-800-431-1001

Dow Brands (SE Johnson & Wax) (*answer questions about freezing in ziploc bags*)

1-800-428-4795

Ever-Fresh (*prevents fruits from browning*)

1-800-431-1001

Fruit Fresh (Ball & Kerr) (*prevents fruits from browning*)

1-800-240-3340

Kitchen Krafts (*source of hard-to-find canning supplies, including Clear Jel starch, a thickener used in some canned pie filling recipes*)

1-800-776-0575

Mirro (*pressure canner information*)

1-800-558-7797

Presto (*canner information*)

1-800-877-0441

Sure-Jell (*a powdered pectin for making jelly*)

1-800-437-3284

Sweet Celebrations (*source of Clear Jel A and other unusual products*)
1-800-328-6722

Part 3: General Food, Nutrition, Food Safety & Health Information

American Cancer Society
1-800-227-2345 (*National*)
489-0339 (*Lincoln*)

American Council on Exercise
1-800-234-9229

American Diabetes Association
1-800-232-3472 (*National*)
489-5115 (*Lincoln*)

American Heart Association
1-800-642-8400 (*Omaha*)
489-5115 (*Lincoln*)

American Institute for Cancer Research
1-800-843-8114

Arthritis Foundation
421-3311 (*Lincoln*)

Ask-A-Nurse
473-5500 (*Lincoln*)

Calcium Information Center
1-800-321-2681

Dial-a-Registered Dietitian
483-9475 (*Lincoln*)

Federal Information Center (*helps you find the agency you need*)
1-800-735-8004

Food Allergy Network
1-800-929-4040