

## Greetings, Lindsey!

Spring is here!

It's the perfect time to get out in the garden. To prepare for the coming growing months, take a look at our resources for all your upcoming gardening and preserving. This month you can stop by our Master Gardener Plant Sale to fill your garden beds, or sign up for a free prescribed fire practitioner training course.

We have many classes, workshops, and events happening. Please take a moment to read about what is going on with our programs.



### Little Things in the Garden

This time of year, spring is teasing me! Too early to plant seeds for summer gardens, the weather is back and forth with rain, frost, and clouds. It's a time of waiting, anticipation, and impatience!

Time to wander the gardens and yard looking for little things, little promises, taking the time to peek, breathe and notice. Gardening is like that...

[Read More](#)



### Daniel Boone Cap and Woolly Caterpillars

Long ago when humans hunted and gathered, we knew the signs provided by Mother Nature.

Squirrels and woolly caterpillars predicted that winter would be neck deep in snow or that spring was on its way. Being in harmony with woolly caterpillars could save your life...

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UC Master Gardener Program



## Central Sierra Healthy Soils Program



### CALLING FARMERS AND RANCHERS!

The Central Sierra Healthy Soils Program is offering technical assistance and has \$3.4 million available for farmers and ranchers in 8 counties: Nevada, Placer, Sacramento, El Dorado, Amador, Calaveras, Tuolumne, and Alpine.



Learn More +  
Submit an Interest Form: [www.centralsierrahsp.com](http://www.centralsierrahsp.com)

Or contact Anna Mariscal at (209) 217-1051



The Central Sierra Healthy Soils Program is pleased to share that we have received \$4M in funding from the California Department of Food and Agriculture's Healthy Soils Program Block Grant in partnership with Resource Conservation Districts in seven counties in the Central Sierra. This funding is dedicated to providing free technical assistance and distributing \$3.4 million in direct-to-farmer grants to improve soil health for farmers and ranchers in Nevada, Placer, Sacramento, El Dorado, Amador, Calaveras, Tuolumne, and Alpine counties. This project is administered in collaboration with the Placer Resource Conservation District, Amador Resource Conservation District, and El Dorado & Georgetown Divide Resource Conservation Districts.

This funding will ensure that at least one project is awarded in each of these eight counties. Additionally, at least 25% of the

budget is allocated to producers who identify as Socially Disadvantaged Farmers and Ranchers (SDFRs), for which multilingual assistance and services will be provided when necessary. After these requirements have been fulfilled, the remaining project funding and support will be approved on a first-come, first-served basis.

Agricultural producers operating in the counties mentioned above who are interested in receiving free technical assistance, working to improve soil health, and implementing conservation practices on their farm or ranch can fill out an interest form at the following link:

[Healthy Soils Interest Form](#)

### Small Acreage Landowner Website is LIVE!

by Flavie Audoin, UC  
Cooperative Extension,  
Livestock and Natural



Are you a small acreage landowner planning to start raising livestock? If so, keep reading!

Before I left UCCE Central Sierra, I worked with a group of livestock advisors on building a website for Small Acreage Landowners. This website is full of great resources (both in English and Spanish) about Livestock, Rangeland and Pasture Management, Pest and Predators, Water Quality, Wildland Fire, Emergency Preparedness, and Videos and Webinars.

Please, check out the website at the link below or click on the flyer above!

You will also find a documentary about the story of a small acreage landowner from San Joaquin County!



**Small Acreage Landowners Website** **NEW**

UCANR presents a NEW Small Acreage Landowners website! Information for small acreage farms on everything from preparing for emergencies to water quality and pasture management. Check us out!

**TOPICS INCLUDE**

- ✓ Livestock
- ✓ Rangeland and Pasture Management
- ✓ Pests, Predators, and Weeds
- ✓ Water Quality
- ✓ Wildland Fire
- ✓ Emergency Preparedness

Specialized Expertise   Adaptive Solutions   Disponible en Español

Visit Our Website [www.ucanr.edu/sites/smacreage/](http://www.ucanr.edu/sites/smacreage/)

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*This project was funded by the University of California Cooperative Extension and the USDA National Institute of Food and Agriculture.*

Small Acreage Landowners Website

*Central Sierra*  
**Community Health & Nutrition**

**Harvest of the Month: Lemons**

A lemon grows on a small evergreen tree, native to Asia. The yellow fruit is known for its distinctive sour taste and is used for food and non-food purposes (it's very good for cleaning!).



Ready to give lemons a try? Here's a recipe...

The juice of a lemon contains citric acid, which is a very good source of vitamin C. The citric acid also makes lemon juice very handy as a short-term preservative on apples, bananas, and avocados, which tend to turn brown quickly when they are sliced. Just squeeze a little lemon juice on them and they'll stay looking nice for longer!



Rosemary Lemon Chicken with Vegetables



Q: What do you give a sick lemon?

A: Lemon-aid!



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	<p><b>Register now for a California Forest Stewardship Workshop:</b> <b>Lake Tahoe Basin (El Dorado, Placer and Nevada Counties)</b></p> <p>Online beginning May 14, 2024 – July 16, 2024, and in-person Saturday, June 8<sup>th</sup>, El Dorado County</p>
<p><b>Hosted by:</b> University of California Cooperative Extension</p> <p><b>In collaboration with:</b> CAL FIRE California Association of Resource Conservation Districts California Fire Safe Council Forest Landowners of California USFS Region 5</p>	<p><b>Join the workshop to understand and protect your forests by developing a Forest Management Plan. Topics include:</b></p> <ul style="list-style-type: none"> <li>• Forest management objectives and planning</li> <li>• Forest health, insects and disease</li> <li>• Forest and fire ecology, wildlife, watersheds</li> <li>• Fuels reduction and forest resource marketing</li> <li>• Mapping, inventory and silviculture</li> <li>• Project development &amp; permitting</li> <li>• Getting professional help and cost-share opportunities</li> </ul> <p>Participants will utilize online resources on their own time to complete learning modules and short activities. Zoom meetings with all participants and presenters will take place once a week on Tuesdays, 6-7:30pm. The in-person field day will cover silviculture, forest inventory and mapping activities. Participants who complete the workshop will be <b>eligible for a free site visit</b> with a California Registered Professional Forester.</p>
	<p>Registration for the workshop is \$60. Sign up now at: <a href="http://ucanr.edu/forestryworkshops/">http://ucanr.edu/forestryworkshops/</a> Scholarship funding for registration fee is available. For questions, contact Kim Ingram, <a href="mailto:kcingram@ucanr.edu">kcingram@ucanr.edu</a>.</p>
	<p>The Forest Stewardship Education Initiative is a CAL FIRE funded contract (8CA04547), awarded July 1, 2019 through June 30, 2024, to Susie Kocher, RFR#2874. University of California Cooperative Extension, to help landowners develop forest management plans.</p> 

  	
	<p><b>Register now for free prescribed fire practitioner training</b> <b>Firefighter Type 2 Wildland Firefighter Course</b> <b>Thursday May 16<sup>th</sup> to Friday May 17<sup>th</sup> in Placerville, El Dorado County</b></p>
	<p><b>Course Structure:</b> This is a blended course with online coursework required and two days of skills training and testing.</p> <p><b>Training Topics:</b> Gain essential skills and knowledge required for effective wildland firefighting as well as prescribed burning.</p> <ul style="list-style-type: none"> <li>• Safety Protocols: Learn the importance of safety in wildfire environments and understand personal protective equipment.</li> <li>• Field Exercises: Participate in hands-on training exercises to apply theoretical knowledge in real-world scenarios.</li> <li>• Tools and Equipment: Identify and use basic firefighting tools and equipment, including hoses, pumps, and hand tools.</li> <li>• Certification: Successful completion of the course may open doors to opportunities in wildland firefighting and prescribed fire.</li> </ul>
	<p><b>Who should attend:</b> El Dorado and Amador county residents and others interested in:</p> <ul style="list-style-type: none"> <li>• Pursuing a career in wildland firefighting.</li> <li>• Enhancing knowledge of wildfire prevention / suppression.</li> <li>• Community members passionate about contributing to safety and preservation of forests through use of prescribed fire.</li> </ul>
	<p><b>Registration:</b> Please register at <a href="http://www.healthyforestalliance.org">www.healthyforestalliance.org</a>. Early registration is encouraged, as space is limited. You will be required to become an associate member of the Healthy Forest Alliance to register (at no cost). There is no cost for the training.</p> <p><b>For more information:</b> For inquiries or additional information, please contact us at <a href="mailto:training@healthyforestalliance.org">training@healthyforestalliance.org</a> or call 775-895-9143. Or contact Susie Kocher, <a href="mailto:skocher@ucanr.edu">skocher@ucanr.edu</a>.</p>

Dear UC ANR Forestry Community members,


We are excited to announce that



the registration for California Tree School- El Dorado Session is now open!

This session will be held on June 1st at the Folsom Lake College El Dorado Center in Placerville.

Class offerings include:  
Managing Timber Harvesting on Your Property  
Permitting for Fuels Reduction Projects  
Forest Health- Mistletoe and Tree Diseases  
Painting Forest Prayer Flags  
And more!



**Save the Date for  
CA TREE SCHOOL!**  
Saturday, May 4, 2024 in Hopland, CA  
Saturday, June 1, 2024 in Placerville, CA

Join UC ANR Forest Stewardship at a unique day-long educational event for forest landowners, families and anyone interested in Forestry and Natural Resources.

**What to Expect**

Attend up to four different educational sessions taught by California natural resource professionals. Session topics include:


- Forest Arts
- Forestry Tools
- Wildlife
- Your Home In the Woods
- Pruning and vegetation management
- Fire as a tool
- **And More!**

**Expert speakers will engage audiences through art, lecture, skills development and more!**

CA Tree School registration also includes access to our **Exhibitor Fair!** Meet representatives from local agencies, suppliers, and forestry organizations.

Registration for both event locations will open in February 2024.  
Scholarship funding for registration fees are available.  
No walk-in registrations will be available.

For questions contact:  
Kim Ingram, [kcingram@ucanr.edu](mailto:kcingram@ucanr.edu) or Katie Reidy, [kreidy@ucanr.edu](mailto:kreidy@ucanr.edu)



Registration for El Dorado Tree School



## Land owners and the forest sector can benefit from the expansion of forest carbon market and changes in carbon offset methodologies

A [concept paper](#) was recently published to explore the potential effects of an expanding forest carbon market on working forests and the communities that rely on them in the United States. This concept paper, titled “Exploring the Potential Effects of an Expanding Forest Carbon Market in the United States”, provided a background on current carbon reduction measures and raised three key questions that are relevant to the forest and wood products sectors:

- Where there are forests with overlapping objectives, are there existing or potential conflicts in value attainment, and what tools can be developed to help identify competing priorities and balance trade-offs?
- Are the existing forest carbon offset protocols sufficient to ensure rural communities

and biodiversity are appropriately addressed in the design and implementation of forest carbon projects?

- Are we missing opportunities to share perspectives, elevate awareness, and integrate critical thinking (and action) among the full spectrum of stakeholders?

Read More

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**Forest Stewardship**

## Central Sierra UCCE Master Food Preservers of Central Sierra

### Preserve It: Food Safety



## Wash Your Produce, Not Your Meat

SAFE FOOD HANDLING HELPS PREVENT ILLNESS

All fruits and vegetables should be washed prior to consuming. But raw meat, poultry or fish should NOT be washed. This may seem counter-intuitive or contrary to what you've previously been taught, but times change and so do food handling recommendations. Washing produce helps to remove dirt and bacteria not only from surfaces, but also prevents them from being carried into the food when cut with a knife. But why not wash meat for the same reasons? Recent research has shown that when washing meat and poultry, pathogens such as Salmonella can be carried by water spray onto nearby items and surfaces, thus contaminating them.

A few quick tips for handling produce and meat:

- just before using, wash all fresh produce, even if the skins or rinds won't be eaten
- do not wash meat, poultry, or fish (pat dry with clean paper towels if necessary, then immediately dispose of the towel)
- use separate cutting boards and utensils for meat and produce, or wash them thoroughly before switching from one food type to another
- keep meat separate from other foods – in your shopping cart and checkout bags, in the refrigerator, and during food preparation.

And of course, always clean and sanitize your work area before and after food handling. And wash your hands, wash your hands, wash your hands!

For further information, check out the National Center for Home Food Preservation (NCHFP) website at <https://nchfp.uga.edu/> or visit your local Cooperative Extension service.

Brought to you by the UCCE Master Food Preservers of El Dorado County  
Website: [https://ucanr.edu/sites/mfp\\_of\\_cs/](https://ucanr.edu/sites/mfp_of_cs/)  
Helpline (530) 621-5506 • Email: [edmfp@ucanr.edu](mailto:edmfp@ucanr.edu)  
Visit us on Facebook and Twitter!

October 2021

UC Master Food Preserver Program | [mfp.ucanr.edu](http://mfp.ucanr.edu)







### Frozen Delights (in Person in San Andreas)

April 20 | 9:00AM - 12:00PM

(Check-in begins at 8:30am; workshop starts promptly at 9:00.)

Calaveras Senior Center  
956 Mountain Ranch Rd  
San Andreas, CA

**Contact:** UCCE Master Food Preservers - 530-621-5506

**Sponsor:** UCCE Master Food Preservers - Calaveras County

Frozen Delights: Ice cream, sorbet, granitas, fruit sauces  
Fee: \$5 Register

**Deadline to register is Tuesday, April 16, 2024.**

### Ask a UC Master Food Preserver ( via Zoom)

April 10 | 6:30 PM - 7:30 PM

Join the UCCE Master Food Preservers for their monthly general Q&A session. A panel of volunteers specializing in freezing, dehydrating, canning and food safety will be available to answer your questions, share their tips and encourage you to safely preserve food at home.

**Contact:** UCCE Master Food Preservers - 530-621-5502

**Sponsor:** April is hosted by Amador and Calaveras Counties.



### With a Cherry on Top – (Free class in Person in Placerville)

April 27, 2024 9:00 AM - 11:00 AM

Bethell-Delfino Ag Building  
311 Fair Lane  
Placerville, CA 95667

Cherries, all ways!! Learn how to turn this tasty fruit into a variety of preserved foods. We'll cover different preservation techniques, plenty of recipes and tips, and inspiration for using your preserves.

Includes a handout with 2 demonstration recipes. A special Preserving Cherries booklet with loads of information, recipes and ideas (40+ pages!) will be available for sale for \$10.

**Sponsor:** UCCE Master Food Preservers of El Dorado County

Register

Register

Register



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■ UC Master Food Preserver Program







# Breaking News in Amador 4-H

## UC DAVIS FIELD DAY RESULTS ARE IN...

### Vet Science Team

Amador County 4-H sent an amazing group of members to compete in Vet Science. Our group was not only they youngest group there, but they placed 4th overall out of a huge number of teams. Great Job Lexi, Saveah, Cecilia and Haydin



Vet Science Team  
Lexi Himmel, Saveah Cramer, Cecilia O'Green, and Haydin Cramer



Light Horse Judging: Lily Himmel and Anna LaSavio

### Light Horse Judging

We didn't have enough members this year to form a team but two of our members went and competed individually and killed it. These two amazing young women took 1st and 2nd in all the 4-H individual divisions. Great job Lily and Anna!



**UNIVERSITY OF CALIFORNIA**  
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4-H Youth Development Program

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Accessibility: Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.

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**Quick Links...**

[Our Website](#)

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[Archived Newsletters](#)

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