

Hello!

I am the Academic Coordinator for a state-wide program called the Post-Fire Forest Resilience education initiative. This initiative is a collaboration between the US Forest Service and UC Cooperative Extension. Essential goals of this program are to help connect and assist private forest landowners and their communities who have been impacted by wildfire.

In 2020, UCANR launched a program called the Forest Stewardship program, which assists private forest landowners manage their forests, pre-fire. This program has been tremendously successful; and, after recent wildfires, the Post-Fire Forest Resilience Program was launched.

This summer, July 2024, we will return to El Dorado County to discuss post-fire forest management 3+ years post-Caldor fire. This is an opportunity to connect with local agencies and learn as a community. Check out the webpage for more information: www.ucanr.edu/post-fireworkshops.

If you are someone who is interested in Forest Stewardship, preand post-fire, as well as natural resource topics and discussions in general, be sure to check out <u>CA Tree School</u>.

CA Tree School is an event for the whole family! Choose your schedule from a variety of classes, including prescribed burning, nature journaling, and introduction to mapping. It will be a great time to connect with local professionals and community members.

As you know, UCANR is a great educational organization. While we have workshops and classes for forest landowners, be sure to read on as there are other great extension resources and opportunities available to you.

Thank you!





Katie Reidy Post-Fire Academic Coordinator

University of California Cooperative Extension Central Sierra Nevada Multi-County Partnership (MCP)







Learn More about Tree School



Scientifically valid research is the cornerstone of our work at ANR. Support our research efforts and help us anticipate challenges and develop practical solutions for our state. Donate on UCANR #GivingDay, May 16-17 noon to noon, and be a part of this impactful mission.

donate.ucanr.edu/givingday

EMPLOYMENT OPPORTUNITY

Amador Master Food Preserver & Master Gardener Community Education Specialist II | Jackson, CA



The Jackson Office is seeking a Community Education Specialist to support the Master Gardener (MG) program in Amador County, and the Master Food Preserver (MFP) program in Amador, Calaveras, and Tuolumne counties. This position is a career appointment that is 100%

Learn more about the position here.



UNIVERSITY OF CALIFORNIA

EMPLOYMENT OPPORTUNITY

El Dorado Master Food Preserver & Master Gardener Community Education Specialist II | Placerville, CA

The Placerville Office is seeking a Community Education Specialist to support the Master Gardener (MG) program in El Dorado County and the Master Food Preserver (MFP) program in El Dorado County. This position is a career appointment that is 100%

Learn more about the position here.



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UC Cooperative Extension

UC Cooperative Extension

Forests and woodlands in the Central Sierra Nevada are beautiful, extensive, diverse and owned by both public and private landowners. Active management is needed to reduce forest density and to help forests recover after wildfire. The goal of the Central Sierra forestry program is to empower landowners to overcome these challenges.

UC Delivers: Empowerment and Incentivization for Forest Management

by Kim Ingram, Forest Stewardship Academic Advisor

Protecting California's forests and building climate-resilient communities and ecosystems requires forest landowners, managers, and natural resource professionals to actively engage in stewardship.



UC ANR's Forest Stewardship Education Initiative provides practical forest management information and hands-on skills to small forest landowners throughout California's forested communities. Since 2020, 100 landowners who attended a 9-week Forest Stewardship Workshop series, have had an initial site visit with a Registered Professional Forester or engaged other natural resource professionals to walk their land, discuss their objectives, and identify activities that will help them reach their goals to improve forest management. Together, these landowners manage over 10,000 acres in California.

<u>Click the link to learn more</u> about Forest Stewardship Program impacts: https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=59153







Family Forest Planning



Forest Insects and Disease

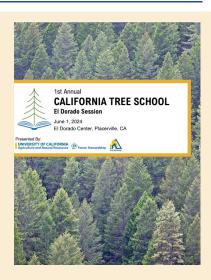
California Tree School: El Dorado Session June 1, 2024 | 8:00AM-4:30PM

Folsom Lake College, El Dorado Center, Placerville

This one day forestry and natural resources event will cover a wide variety of topics of interest to forest landowners, managers, and anyone over the age of 15 who loves trees.

Choose four classes for your schedule from <u>our catalog of offerings</u> to fit your areas of interest. Classes include:

- Prescribed Burning for Landowners
- Introduction to California Naturalist
- Residential Pile Burning
- · Cone Monitoring and Collecting
- Forestry Field Skills Field Observation



Register for Tree School here

Central Sierra 4-H Youth Development Program

The 4-H Youth Development Program offers educational opportunities for children, teens, families, and adults. 4-H helps young people to reach their full potential as competent, confident, leaders of character who contribute and are connected to their communities.

Leadership in Agriculture through Ignite 4-H



4-Hers Brianna Hodgson, Cecilia O'Geen, and Lily Himmel, in Washington DC.



Chaperone Kelsi Williams, with 4-Hers Lily Himmel and Cecilia O'Geen

Read an article about the 4-H Ignite Conference in Washington D.C. by Lily Himmel, Brianna Hodgson, and Cecilia O'Geen, three of the 4-Hers who represented California at the national youth conference in March.

The small group from California went to the conference to present a workshop on pollinators for other teen participants.

According to the writers, the purpose of the Ignite Conference is to "spark one's passion." They took part in the three pillars of 4-H: Agriculture, STEM, and Healthy Living as they came together for problem solving, team building, and leadership.

Read the article

JOIN THE CLUB

Self-Enrollment for the 2023-2024 Program Year ends at noon on June 21, 2024! Enrollment for the 2024-2025 program year is expected to begin on July 18, 2024.











UCCE Central Sierra 4-H Website

If you are interested in joining a 4-H project or becoming a volunteer to help the 4-H youth grow and achieve, please contact your <u>local 4-H Office</u> or email centralsierrafourh@ucanr.edu.







June 13-16, 2024

June 27-30, 2024

May 16-19, 2024

UCCE Master Gardeners of Central Sierra

UCCE Master Gardeners are community members who have been trained under the direction of the University of California Cooperative Extension. Each volunteer has completed more than 50 hours of formal classroom training to provide practical scientific gardening information to the home gardeners.

UCCE Master Gardeners of Amador County

Amador Plant Sale May 4, 2024 | 9:00AM – 3:00PM

Heritage Rose Garden 1334 Jackson Gate Rd. Jackson, CA

Contact: mgamador@ucanr.edu

Vegetables, Herbs, Perennial Plants, Succulents and much more! Grown by your UC Master Gardeners here in Amador County,



UCCE Master Gardeners of Calaveras County

Open Garden Days Every Thursday | 9:00AM - 1:00PM

891 Mountain Ranch Rd., San Andreas CA

- Explore the garden
- · Get local gardening advice
- Free seed exchange
- Share in garden harvest
- Plants for sale

Questions? 209-754-2880





Kids' Day in the Garden May 11, 2024 | 10:00AM - Noon

891 Mountain Ranch Rd., San Andreas CA

Music, painting and games, worms and bees, planting and digging, and a kids' farmers market -- This way to the 17th Annual Kids' Day in the Garden!

Register with this link!

UCCE Master Gardeners of El Dorado County

Open Garden Days Every Friday & Saturday | 9:00AM-12:00PM

Sherwood Demonstration Garden, Placerville

Need garden inspiration? There are <u>16 individual</u> <u>demonstrations gardens</u> ranging from the Shade Garden to the Rock Garden and everything in between.

Master Gardeners are committed to educating the general public on sustainable horticulture and pest management based on traditional, current, and evolving research.

Sherwood Demonstration Garden is designed to provide



the public with a hands-on, interactive experience about research-based, sustainable gardening practices specific to the west slope of El Dorado County, appropriate for all ages and cultures, and reflective of a variety of environments and gardening experiences.

Please visit our Calendar of Events to download a flyer with all of our fun garden activities this month.



May 4, 2024 | 9:00AM - Noon Sherwood Demonstration Garden, Placerville

Learn the basics of dish gardening while creating your own little space. Build a home for a fairy, a dinosaur or make roads to explore in your own little trucks. Your imagination is your only limit! There is a NEW category at the El Dorado County Fair this year, enter your creation and you might win a ribbon!

Must be 5 years or older to attend and the class is limited to 30 participants. Bring your own container 6-12 inches across depth doesn't

matter. MGs will provide plants and soil.

Registration is required to attend! Click the link or paste into your browser: <u>ucanr.edu/grow-imagination24</u>

Fee: This class is FREE, but parking at Folsom Lake College costs \$2. Please pay at the kiosk. Rain date: 5/18/24 (in case of rain, class will be held on 5/18 instead of 5/4.)



Master Gardeners Go to Market

Visit with UCCE Master Gardener volunteers at both the El Dorado Hills and Placerville farmers markets! Bring your questions and garden conversations. Local vegetable planting guides are available for \$5 as well as other UC gardening books. Check out the <u>calendar</u> for dates and times.

Preparing for Wildfire: Hardening your Home and Creating Defensible Space May 15, 2024 | 9:00AM - Noon

Cameron Park Community Center

Join us to learn how to make your home more fire-resilient to wildfire and meet State and County laws and regulations. You will learn the key concepts for hardening your home and other structures, and how to create defensible space around them. Learn about the priorities, materials & strategies for improving the vulnerability of your home, including siding, roofing & rain gutters, eaves and soffits, vents, windows, decks, patio covers, and fences. You will also learn how to create defensible space that is fire-resilient and water-wise with a focus on Defensible Space Zones, what they are, why they are important and how they apply to your property, provide suggestions about creating Defensible Space that is aesthetically pleasing and helps protect your home, and how to select plants that are more fire-resistant.

Fee: Free

No regsistration required.

UCCE Master Gardeners of Lake Tahoe

Film Screening: Common Ground May 14, 2024 | 6:00 PM - 8:00 PM

Sunnyside Restaurant & Lodge 1850 West Lake Boulevard Tahoe City

Kick off the popular Grow Your Own High Elevation Gardening Series with TERC, the UCCE Master Gardeners of Lake Tahoe and Slow Food Lake Tahoe. Bring your friends and family for a special movie



night under the stars. We'll be screening "Common Ground", a film featured at the last year's 9th Tahoe Film Fest that celebrates the power of growing your own food and regenerative farming. Delicious snacks will be provided. Dinner and drinks will be available for purchase throughout the evening at a 20% discount.

Fee: \$5

2024 *GROW YOUR OWN* Festival May 31, 2024 | 4:00 PM - 7:00 PM

UC Davis TERC Tahoe City Field Station 2400 Lake Forest Road Tahoe City

Everything you want to know about growing food and plants in Lake Tahoe will be at your fingertips. Come join the fun and learn about growing in our high elevation area. This special event features a seedling



sale and edible gardening demonstrations with a special emphasis on watershed-friendly practices.

<u>UCCE Master Gardeners of Lake Tahoe</u> will be available to answer all your questions about what grows best in our region. Come grow with us! <u>REGISTER HERE</u>

UCCE Master Gardeners of Tuolumne County

2024 Tuolumne Plant Sale May 4, 2024 | 9:00 AM - Noon

UCCE Master Gardeners of Tuolumne County Demonstration Garden 251 S. Barretta St., Sonora

- This year we are expecting a wide variety of vegetables including several varieties of tomatoes, peppers, onions and eggplant, as well as rosemary, figs and a number of other surprises!
- The money raised will support a number of Master Gardeners activities throughout the year including but not limited to Open Garden Days, school garden activities and educational programs.
- Cash or checks gladly accepted, sorry no credit or debit cards.
- We recommend that you bring your own trays, boxes, etc. to carry your treasures away.



Raised Here to Grow Here!



Questions about your home garden or landscape?
Interested in upcoming classes and events?

Visit the UCCE Central Sierra Master Gardeners Websites

UCCE Master Food Preservers of Central Sierra



The UCCE Master Food Preserver program trains dedicated volunteers to assist the county UC Cooperative Extension staff provide up-to-date food preservation information. Our current program is active in El Dorado, Amador, Tuolumne, and Calaveras counties.

Savory Jams & Jellies May 18 | 9:00 AM - NOON

GSA building12200-B Airport Rd, Jackson, 95642

We all know and love sweet fruit jams and jellies, but we are going to

explore some of the wonderful savory jams, jellies, and chutneys made with vegetables such as tomato, pepper, onion, zucchini, carrot, and even garlic!

These spreads are sometimes sweet, sometimes spicy, great with any meal or to complement a charcuterie board.

Fee: \$5 (payable at the door, cash or check)

Register with this link



Beginning Canning May 18 | 9:30 am - 11:30 am

El Dorado County Farm Bureau 2460 Headington Rd. Placerville, 95667

The UC Master Food Preservers of El Dorado County are teaming up with the El Dorado Farm Bureau for this event.

In this class we will discuss and demonstrate the basics of boiling water canning. We will discuss how to safely can products at home using science-

based methods and recipes. We will show how to use both a boiling water bath and a steam canner. Fun recipes will be presented, demonstrating the whole process from start to finish.

Fee: Free!

Registration is required. Register with this link.



Master Food Preservers Information Table at the Calaveras Fair! May 16-19 | Come visit us!



Cottage Foods - Get the 411

Do you make an amazing food product and have a desire to sell it? Know the facts before you embark on this kind of endeavor! UCANR has resources available.

Visit the Cottage Foods site at ucanedu/sites/cottagefoods/.



Check the Calendar of Events

The Master Food Preservers of Central Sierra frequently update our Calendar of Events. Check it out and add your name to our events notification list to receive a once-monthly email from us.

Check the calendar now with this link.



Questions About Food Preservation?

Ask a UC Master Food Preserver online, any time! Plus sign up to get e-news, event updates and free class schedules delivered to your inbox each month. Subscribe Here

El Dorado County Website



Amador / Calaveras
County Website





Central Sierra Community Health & Nutrition

Through the CalFresh Healthy Living (CFHL) UCCE Central Sierra program, we teach free classes in local schools, community centers, libraries, and other public locations. Our classes show people how to choose, grow, cook, and enjoy affordable healthy foods, and how to make physical activity a regular and fun part of life. We also work to create environments where it's easier for people to make healthy choices, by supporting school wellness policies, community and school gardens, walking clubs, and more.





UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

Harvest of the Month: Raspberries

Raspberries are high in vitamin C and other antioxidants. They have a hollow center when picked. Red varieties are the most common, but other colors (black, purple, and gold) may be found at farmers' markets.

Choose raspberries that are dry, plump, and firm. Avoid berries that are moldy, crushed or shriveled and containers with juice on the bottom. Frozen berries are available year round. Fresh or frozen, the health benefits are similar.

Here's a recipe to try: Baked Berry Oatmeal



Baked Berry Oatmeal

Ingredients

- 2 cups old fashioned rolled oats
- 1 tsp baking powder
- 1 tsp cinnamon
- 1/4 tsp salt
- 2 eggs
- 1/2 cup packed brown sugar
- 1 1/2 tsp vanilla
- 2 cups milk
- 4 tsp margarine or butter, melted
- 2 cups fresh or frozen raspberries

Instructions

- 1. Preheat your oven to 375 degrees F.
- 2. In a medium bowl, mix together oats, baking powder, cinnamon, and salt.
- 3. In a separate bowl, beat the eggs until blended. Stir in brown sugar, vanilla, milk, and melted butter.
- 4. Pour wet ingredients into the dry ingredients and stir until well combined.
- Add the berries and stir lightly to spread them evenly. Pour mixture into a 2-quart baking dish. Sprinkle with chopped nuts if desired.
- 6. Bake at 375 for 20-30 minutes, or until the top is golden brown

Find This Recipe Online

Central Sierra Agriculture & Livestock

The Central Sierra foothill region produces a wide variety of agriculture commodities. The University of California brings research and outreach to area farms to assist with growing and cultural practices, pest and disease management, and more!

Resources for Small Acreages



The video follows a small acreage landowner through her morning routine, as we tour her hobby farm and meet her charismatic barnyard friends. It highlights common challenges faced by small acreage landowners and resources and information UC Cooperative Extension offers to support these landowners.

More UCCE Central Sierra Programs



Living with Fire



Livestock



Natural Resources



Oaks & Rangelands



UC California
Naturalist
Program









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