



University of California Cooperative Extension Central Sierra News

Serving Amador, Calaveras, El Dorado & Tuolumne counties July 2013

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El Dorado County Master Gardeners Demonstration Garden Update!

Greetings,

University of California Cooperative Extension (UCCE) wants to keep you informed about what's happening! We host many workshops throughout the year, including free Master Gardener and Master Food Preserver classes open to the public. You will also find up-to-date 4-H news. Please read on for more information!

News & Updates

Let's Eat Smart & Play Hard Together:

Free Nutrition and Fitness Workshops in the South Lake Tahoe area.

Overall Goal: These one-hour workshops are designed for child-adult pairs to learn about nutrition and fitness while having fun together. [Read more for details and dates...](#)



Let's Eat Smart & Play Hard!

4-H Online Enrollment 2013/2014

Enrollment for the new 4-H year begins on July 1st. Enrollment is a two-step process. Begin with enrolling on the Online Enrollment System followed by making a payment on our UCCE Central Sierra 4-H Youth Development webpage. Payments





Cottage Shed

Progress continues on the Hardscape for the Demonstration Garden in El Dorado County. The plans are on track to begin planting the individual gardens this fall, subject to availability of equipment. Thanks for the proceeds of the EDC semi-annual plant sales, funds for the initial Hardscape and planting of the individual gardens will be available. Tax-deductible donations are also welcomed. [Read on to see what has been accomplished...](#)

Summer Food Safety Tips



Wash Your Hands!

During warm weather, it is especially important to take extra care and practice safe food handling when preparing foods. The warmer weather conditions may be ideal for outdoor picnics and barbecues, but they also provide a perfect environment for

can also be made by check or cash at your local UCCE Office. It is important to read all of the online material before beginning the process so you don't miss anything. See our 4-H Youth Development [Join Now webpage](#) to begin the enrollment process.

We are also always looking for 4-H project leaders in science, engineering, technology, robotics and other projects. There are a variety of projects available that vary from year to year. Volunteers are the heart of 4-H, so if you are an adult and have a passionate interest in guiding our youth and would like to become a 4-H Project Leader or have questions about the enrollment process, please contact:

Calaveras or Amador counties

Jennifer Goerlitz at jggoerlitz@ucanr.edu

Calaveras office 209-754-6474

Amador office 209-223-6484

El Dorado County

Tracy Celio at tbcelio@ucanr.edu

Office 530-621-5507

Tuolumne County

Melanie Curtis at makwast@ucanr.edu

Office 209-533-6990

What's Going On in Your 4-H Community

Amador 4-H: members & leaders went to the Tuesday, June 25th Amador County Board of Supervisors meeting to discuss what they do & learn in the 4-H Program. Members invited the Supervisors to the upcoming Amador County Fair and also discussed the 100 year celebration of 4-H in California. They each thanked the Board for their support of the program.



Jennifer Goerlitz, 4-H Program Coordinator, gave figures on how many 4-H members and 4-H leaders we currently

bacteria and other pathogens in food to multiply rapidly and cause foodborne illness. Follow the suggestions below to reduce the risk of foodborne illness this summer. [Read more...](#)

4-H Events

4-H Dates



[Amador](#)

7-1: Enrollment Begins

7-6: Open Schooling Show - Echo Valley Ranch Buckle Series Showmanship

7-25 - 7-28: [County Fair](#)

[Calaveras](#)

7-1: Enrollment Begins

7-6: Open Schooling Show - Echo Valley Ranch Buckle Series Showmanship

[El Dorado](#)

7-1: Enrollment Begins

7-23: Volunteer Workshop - RSVP

[Tuolumne](#)

7-1: Enrollment Begins

7-6: Open Schooling Show - Echo Valley Ranch Buckle Series Showmanship

7-11 - 7-14: [Mother Lode Fair](#)

MFP Classes

have in the program, and was accompanied by Lawrence Fossen, retired Amador 4-H Program Coordinator

CALAVERAS 4-H: 4-H members

Kyra A. and Kayomi P., along with All Star Advisor, Chris Markus were interviewed & taped June 26th at the Calaveras Community Television station. They discussed the benefits of 4-H, the many opportunities that 4-H provides to youth members, the many projects that they have taken, along with club offices they have held. The video will be airing on the local Calaveras TV station very soon.



Calaveras 4-H Members on CCTV station

El Dorado 4-H: In the 2012-13 program year, over 550 youth members participated in 4-H projects in El Dorado County. These young people undertook service learning, leadership and citizenship within every project. 4-H was featured in the local newspaper over 10 times over the past year and spoke in front of county supervisors three times! Members can be proud of the work they have contributed in their clubs, community, country and WORLD! Some of the Community service by members this year included; blood drives, garden building, library books sent to Central America, visits to elderly care facilities, collecting items for the food bank and blankets for those in need. [Read more...](#)

Tuolumne 4-H: Expanding Leadership and Science Programming - Beginning in August, Tuolumne County 4-H will be recruiting four to six teens for a "Science, Engineering and Technology focuses Teens and Teachers Team." The team will be trained in 4-H science curriculum, and then lead science based activities with afterschool programs in Tuolumne County. Once the team is well established, additional teams will be formed to focus on other subject areas, such as leadership and healthy living.

In September, a new countywide computer and technology project group will be forming in Tuolumne County. The Tuolumne Tech Team will be open to members 13 and older. The focus of the Tech Team will depend on the interests of the members, but will likely

Free Classes Offered by



Master Food Preservers

Amador/Calaveras

7-13: Jams & Jellies - Amador

7-25 - 7-28: MFPs at the County Fair

El Dorado

7-9 & 7-13: Food Safety & Basic Water Bath Canning

7-16 & 7-20: Jams & Jellies

7-23: Christmas in July: Gifts from the Kitchen

7-27 & 7-30: Pickles-Relishes & Sauerkraut

MG Classes

Free Gardening Classes offered by Master Gardeners



Amador

7-20: Summer Fruit Tree Pruning

7-25 - 7-28: MGs at the County Fair

Calaveras

7-27: How Does Our Veggie Garden Grow?

El Dorado

7-13: Shade Gardening

7-20: Gardening for Wildlife Habitat

7-27: Living with Oaks

Lake Tahoe

7-8, 7-9 & 7-10: Right

include topics such as social media use, effective Power Point presentations, and photo and video editing.

Lake Tahoe Master Gardeners - - Workshops & Office Now Open!



The new Lake Tahoe Master Gardener program volunteers are off and running ---- providing Green Thumb Gardening classes at three locations around the lake and office hours on Saturday's throughout the summer. Volunteers are also available to answer home gardening questions at the South Lake Tahoe Farmers Market on the first and third Tuesday of each month.

Learn about Tahoe-specific, practical home gardening and landscaping at the Green Thumb Gardening classes 5:30 - 6:30 p.m. repeated at three locations in the basin each week:

- Mondays - Lake Tahoe Community College Demonstration Garden, One College Drive, South Lake Tahoe, CA
- Tuesdays - Tahoe Environmental Research Center Demonstration Garden, 2400 Lake Forest Road, Tahoe City, CA
- Wednesdays - North Lake Tahoe Demonstration Garden, Sierra Nevada College, 999 Tahoe Blvd., Incline Village, NV

See Lake Tahoe Master Gardener Class titles for July at the left under Free Gardening Classes offered by Master Gardeners.

The office is open and staffed by a volunteer on Saturday's from Noon - 3:00 p.m. and is located at 870 Emerald Bay, Suite 108, South Lake Tahoe. Or contact the Master Gardeners by phone or email at (530) 543-1501 x101 or laketahoemg@ucanr.edu. Check out the upcoming workshops and events on the [Lake Tahoe Master Gardeners' webpage](#).

Events & Workshops

Plant, Right Place:
Trees & Shrubs in High
Elevation Settings
7-15, 7-16 & 7-17: Pest
Management: What's
Bugging You? Or
Digging Up Your
Garden?
7-16: Sustainable
Landscaping
7-22, 7-23 & 7-24:
Composting: From
Garbage to Garden
7-29, 7-30 & 7-31: Get
Wild in Your Garden!
Native Plants &
Beneficial Insects

Tuolumne

7-4: Information Booth
7-11 - 7-14: MGs at the
Mother Lode Fair
7-13: Integrated Pest
Management & Fire
Safety

Quick Links...

[Our Website](#)

[Events & Workshops](#)

[Archived Newsletters](#)



Accessibility

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assistance or require
special accommodations
for any of our educational
programs, please contact
us at 530-621-5502.

Living with Native Plants and the Threat of Weeds on the Landscape

On July 13th, Indian Grinding Rock State Historic Park will be hosting its monthly docent meeting and is inviting the public to attend a special presentation on living with natives and the threat weeds have on the landscape. The workshop will be held from 10 am to noon at the Indian Grinding Rock State Historic Park in Pine Grove. University of California Master Gardener John Otto and UC Farm Advisor Scott Oneto will highlight local plants of the area and the importance of using native plants in the landscape. They will also discuss how to choose the right plant for your landscape and what plants to avoid. Lastly they will show some of the worst weeds of the area and the best control techniques. The workshop is free with paid park admission (\$8 per vehicle or \$7 for senior citizens). For more information or to pre-register visit, <http://ucanr.edu/weedworkshop> or call 209-223-6482

Date: July 13, 2013

Time: 10:00 am to noon

Location: Indian Grinding Rock State Park is located at 14881 Pine Grove-Volcano Rd, Pine Grove.

Calaveras County Vineyard Tour & BBQ

Join the Calaveras Winegrape Alliance and University of California Cooperative Extension for their annual Calaveras County Vineyard Tour and BBQ. The tour will visit five vineyards in Calaveras County and will host UC Farm Advisors Lynn Wunderlich from the Central



Vineyard Tour

Sierra region and Rhonda Smith from Sonoma County. The tour is an educational program and is open to the public. There will be a general discussion about vineyard operation followed by a question and answer session regarding specific pest management, irrigation, fertilization, and other cultural practices. A general wrap-up of the day will be given at the evening BBQ.

Date: July 19, 2013

See [2013 Vineyard Tour Calendar](#) item for details.

Collaborative Adaptive Management

The Sierra Nevada Adaptive Management Project's (SNAMP) University of California Cooperative Extension team will be hosting a 2 day workshop on Collaborative Adaptive Management on August 8, 2013 and September 10, 2013 in Jackson, CA.



SNAMP Workshop

The purpose of these workshops is to help improve communication by building facilitation skills within the many groups involved in collaborative adaptive management processes. We will work to build a common language to support collaborative adaptive management and share tools to prevent problems and interventions to support success when problems arise. These workshops are designed to support the building of a common knowledge base through mutual learning and discussion. The UC Cooperative Extension has developed training modules for all levels of natural resource management staff and stakeholders interested in developing these skills.

A series of two 6 hour trainings will cover topics such as stakeholder analysis, agenda building, listening as an ally, the decision making process, identifying constraints, reconciling differences and reducing conflicts. Participants will learn training concepts, practice methods and obtain the skills needed to pursue effective adaptive management.

The first training will be August 8, 2013 at the Amador County General Services/Department of Agriculture building (12200 B Airport Rd., Jackson, CA) from 9am to 3pm.

See the [Calendar entry](#) for more details.

For more information and to register, please contact Kim Ingram at kcingram@ucanr.edu.

**California School Garden
Training Program -
Creating and Sustaining
Your School Garden in
the Tahoe Area**

A two-part workshop for
developing and enhancing
School Garden Programs.



Creating & Sustaining Your
School Garden

Advanced registration is
required.

Dates:

Part I - Tuesday, August 20 - 12:05 p.m. - 3:30 p.m.

Part 2 - Saturday, August 24 - 10:00 a.m. - 12:30 p.m.

See [Workshop Flyer](#) for more details and registration
information.

Thank you for your continued interest in the UC
Cooperative Extension Central Sierra's news, workshops,
and events.

Sincerely,

Scott Oneto
University of California
Cooperative Extension
Central Sierra

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