



## University of California Cooperative Extension Central Sierra News

Serving Amador, Calaveras, El Dorado & Tuolumne counties November 2013

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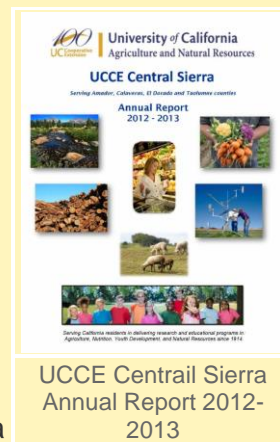
Greetings,

University of California Cooperative Extension (UCCE) wants to keep you informed about what's happening! We host many workshops throughout the year, including free Master Gardener and Master Food Preserver classes open to the public. You will also find up-to-date 4-H news. Please read on for more information!

### News & Updates

#### UCCE Central Sierra - Annual Report 2012-2013

The University of California Cooperative Extension Central Sierra conducts research and extends programs in the areas of natural resource management, forest stewardship, fire and fuel management, integrated pest management, agricultural sustainability and profitability, weed management, home gardening, nutrition, food safety and food preservation. During the 2012/13 fiscal year, the UCCE Central Sierra had an operating budget of \$2.5 million with over \$501,000 in grants. 874 volunteers in the 4-H, Master Gardener, and Master Food Preserver Programs volunteered over 63,000 hours in the local community by helping extend research based information and helping youth explore their passions and sparks.



See our [UCCE Central Sierra Annual Report 2012-](#)

## 4-H Camp Experience



Central Sierra 4-H will introduce their first summer camps in 2014. We will hold two summer camps between the four counties and youth throughout the multi-county partnership can go to either or both camps. Both camps will begin their camp counselor application process in the coming months. The first camp in the north will be at Echo Lake Camp near Lake Tahoe for five days and four nights July 7th-11th. The second camp will be at Camp Sylvester near Pinecrest Lake in Tuolumne County for six days and five nights June 20th-25th. [Read more...](#)

## UCCE

### Nutrition News

#### November: Diabetes Awareness Month



November is Diabetes Awareness Month. The goal is to raise awareness and understanding of diabetes, its consequences, management and prevention of type 2

[2013](#) for information and highlights of the past year's programs and outreach and a bit of history on 100 years of Cooperative Extension.

## Welcome to our new Amador County 4-H Program Representative Vera Allen

Vera M. Allen is a recent graduate of the University of California Berkeley with a B.A. in Classical Studies. She is a long time resident of Amador County and has been active with several groups in the community including the Amador County Chamber of Commerce and the Jackson Police Department's Police Activities League, where she served as the Executive Director for seven years. Vera is also a past 4-H and Argonaut FFA member. Vera brings with her an incredible knowledge base about the county, as well as a passion for serving youth.



## Ironstone Concours d'Elegance Recap

Thank you to everyone who came and participated at this event. All of you worked hard to create such a wonderful showcase of what this youth development program is about! It was a great event, and we could not have given the recognition to the program had we not had your support. Again, thank you to you all for all that you did!

## Master Gardener Training 2014 in El Dorado and Tuolumne counties

Master Gardener Training 2014 will be taking place in both El Dorado and Tuolumne counties this winter. Amador residents are welcome to apply in El Dorado and Calaveras residents in Tuolumne.



diabetes.

Recent estimates project that as many as one in three American adults will have diabetes in 2050, and an additional 79 million Americans are at high risk for developing type 2 diabetes. The American Diabetes Association estimates that the total national cost of diagnosed diabetes in the United States is \$245 billion. [Read more...](#)

There is an Orientation Meeting scheduled in both counties to explain the volunteer program and the training process. All interested should visit the [Becoming a Master Gardener Webpage](#) for details.

#### Tuolumne Master Gardener Training Orientation

**When:** November 7 at 3:30 p.m.

**Where:** Tuolumne County Senior Center,  
540 Greenley Road in Sonora

#### El Dorado Master Gardener Training Orientation Only need to attend one meeting

**Meeting 1:** November 14 at 7:00 p.m.

**Meeting 2:** November 15 at 10:00 a.m.

**Meeting Locations:** Bethell-Delfino Agriculture Building, 311 Fair Lane in Placerville

### UCCE 4-H Events

UCCE  
4-H Dates



#### [Amador](#)

[Enrollment Open](#)

11-23: Youth Poultry Show

#### [Calaveras](#)

[Enrollment Open](#)

#### [El Dorado](#)

[Enrollment Open](#)

#### [Tuolumne](#)

[Enrollment Open](#)

11-2: Teen Retreat

### Deadline Approaching for NRCS Conservation Programs

*Eligible producers are encouraged to apply for assistance by Nov. 15, 2013*

DAVIS, Calif., Oct. 18, 2013 - For those farm and ranch operators, as well as non-industrial private timber managers and Tribes, who are interested in applying for Fiscal Year 2014 (FY 2014) Farm Bill conservation program financial assistance through the Environmental Quality Incentives Program (EQIP), the USDA Natural Resources Conservation Service (NRCS) in California has established Friday, Nov. 15, 2013, as the sign-up deadline for submitting an EQIP application for funding consideration. [Read more...](#)

### UCCE MFP Classes

Free Classes  
Offered by  
[UCCE Master Food Preservers](#)



### Events & Workshops

Designing, Improving & Maintaining Rural Roads

## [Amador/Calaveras](#)

11-2: All About Olives

## [El Dorado](#)

Done for this season.

Check their [class schedule](#) in June 2014 for their next schedule of classes.

## UCCE MG Classes

**Free Gardening Classes offered by [UCCE Master Gardeners](#)**



[November Gardening Tips](#)

### [Amador](#)

11-14 & 15: [El Dorado MG Training 2014 Orientation Meeting](#)

11-16:

Apples & Pears

### [Calaveras](#)

11-7: [Tuolumne MG Training 2014 Orientation Meeting](#)

11-23: Open Garden Day - Planning for Bare Root & Orchard Care

### [El Dorado](#)

11-2: Rose Selection & Care

11-9: Composting

11-14 & 15: [MG Training 2014 Orientation Meeting](#)

11-16: Berries in the Foothills

11-23: Citrus in the Foothills

## Workshop

Workshop Objectives:

- Provide landowners and land managers with information on the design and functions of low standard roads used for agriculture, resource management, residential access and recreation.
- Provide tools for evaluating the conditions and environmental impacts of existing roads.
- Introduce landowners to practices that may be used to improve existing roads and eliminate problems.
- Outline procedures for maintaining roads to reduce potential for failure or impaired functioning.



Rural road

**Date:** December 13, 2013

**Time:** 8:00 a.m. - 5:00 p.m.

**Location:** Jamestown Community Hall, 18250 Main Street in Jamestown, CA

See the [Rural Roads Workshop flyer](#) for details and registration information.

Thank you for your continued interest in the UC Cooperative Extension Central Sierra's news, workshops, and events.

**Sincerely,**

Scott Oneto  
University of California  
Cooperative Extension  
Central Sierra

The University of California working in cooperation with County Government and the United States Department of Agriculture.

**12-7:** Selecting & Planting of Bare Root Fruit Trees

[Lake Tahoe](#)

No classes scheduled - check back this spring.

[Tuolumne](#)

**11-2:** Winter Garden Prep - Fall & Winter Crafts

**11-7:** [MG Training 2014 Orientation Meeting](#)

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**UC ANR Tidbits**

**UC IPM & more...**



How to reduce yellowjackets around your yard

Are the deer eating everything in sight? See the [Deer Pest Note](#), ANR publication 74117.

## Quick Links...

[Our Website](#)

[Events & Workshops](#)

[Archived Newsletters](#)

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