



University of California Cooperative Extension Central Sierra News

Serving Amador, Calaveras, El Dorado & Tuolumne counties, March 2015

[Join Our Mailing List!](#)

In This Issue

Subscribe to UC CalFresh
Nutrition Education eNewsletter

UCCE 4-H Events and Dates of
Interest

UCCE Master Food Preserver
Classes

UCCE Master Gardener Classes

UC IPM Tidbits

We're Looking for a FoodCorps
Service Member to Team-Up with
UCCE Central Sierra

Precipitation Stats

UCCE Master Gardeners:
Gardening Classes in Cameron
Park

UCCE Master Food Preservers of
Amador/Calaveras Counties
Training 2015

Gardening & Food Preservation
with Kids

California Grazing Academy

California Naturalist Advanced
Training

[Like us on Facebook](#) 

 [Forward to a Friend](#)

UCCE
Nutrition News

**UCCE Central Sierra
CalFresh Nutrition
Education eNewsletter**

Greetings,

UCCE Central Sierra wants to keep you informed about what's happening! We host many workshops throughout the year, including free Master Gardener and Master Food Preserver classes open to the public. You will also find up-to-date 4-H news. Please read on for more information!

News & Updates

We're Looking for a FoodCorps Service Member!

FoodCorps is a nationwide team of AmeriCorps leaders who connect kids to real food and help them grow up healthy. Through our partnership with AmeriCorps, we recruit, train and place emerging leaders into limited-resource schools for a year of service implementing our three-ingredient recipe for healthy kids.

- Knowledge: food and nutrition education that gives kids the information they need to make smart choices
- Engagement: hands-on activities like gardening and cooking that foster skills and pride around healthy food
- Access: lunch trays filled with nutritious meals from local farms



[Subscribe to the CalFresh Monthly Nutrition eNewsletter](#)

UCCE 4-H Events

Click Flyers for Information



El Dorado County 4-H Color Me Green 5K Run



Tuolumne County 4-H Hi 4-H Pancake Breakfast

#SERVEUPCHANGE.

Seeking local leaders!

CONNECT KIDS TO REAL FOOD & HELP THEM GROW UP HEALTHY



GET PAID FOR A YEARLONG ADVENTURE

- Teaching kids about food
- Building school gardens
- Changing what's for lunch

Join FoodCorps and get a living allowance, health insurance, training, mentorship job skills, and a network of lifelong friends—while you jumpstart our career and make the world a better place.

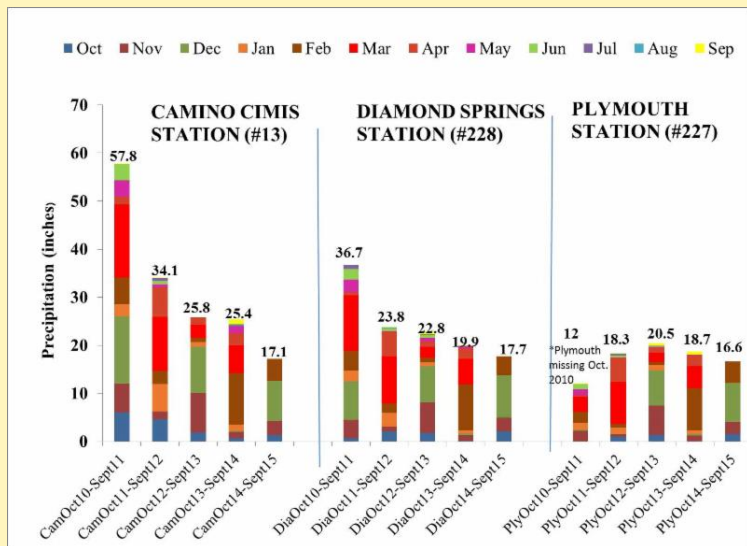


LEARN MORE Join UC Cooperative Extension and El Dorado County schools to make a difference in 2015-2016!



APPLY NOW >>> WWW.FOODCORPS.ORG

Click flyer for information.



Precipitation Stats

How Dry is it?

California Governor Brown declared an emergency drought on January 17, 2014. See the actual CIMIS data of monthly precipitation for the past 3 years in our areas. For more information see our [Precipitation Stats webpage](#).

Visit the [How to access weather data webpage](#) to



Calaveras County 4-H Mountain Ranch Chili Cook-Off

UCCE 4-H Dates



[Enrollment Open](#) -
Open all year

[Amador](#)

3-28: [Sectional Presentation Day](#)

4-7: 4-H Home Arts Expo registration deadline

4-18: 4-H Home Arts Expo

[Calaveras](#)

3-1: [Scholarship deadlines](#)

3-28: [Mountain Ranch 4-H Chili Cook-Off](#)

3-28: [Sectional Presentation Day](#)

4-7: 4-H Home Arts Expo Deadline

4-18: 4-H Home Arts Expo

[El Dorado](#)

3-7: [Color Me Green 5K Fun Run!](#)

3-14: [4-H Science Engineering & Technology \(SET\) Series](#)

3-14: [\(MG\) Kids Class: Show What You Grow](#)

3-21: [4-H Science Engineering & Technology \(SET\) Series](#)

3-28: [Sectional Presentation Day](#)

access the CIMIS

UCCE Master Gardeners teaching classes in Cameron Park

On February 10th, the UCCE Master Gardeners of El Dorado County held their first class, CitrusMania, in cooperation with the Cameron Park Community Center. This was the first



in a series of free monthly classes, to be presented by the UCCE Master Gardeners at the Cameron Park facility. CitrusMania was an especially fun class because it was co-presented with the UCCE Master Food Preservers of El Dorado County, and where the Master Food Preservers go . . . good food is sure to follow . . . and it did!

Our next class, "The Art of Growing Succulents", will be held on Wednesday, March 18th, from 9:00 - noon. We would like to invite you to attend this informative class. If you've never grown succulents, this class will get you hooked! This has always been a popular class and with hands-on propagation techniques, and a succulent cutting to take home, this is sure to be well attended by the community.

Check the [UCCE Master Gardeners of El Dorado County Public Education Classes webpage](#) for more dates in Cameron Park.

UCCE Volunteer Training Announcements

Master Food Preserver Training 2015 in Amador and Calaveras counties.

Want to know what to do with all those fruits and vegetables you have in your yard or get from friends and at the same time, learn to teach others the latest safe scientific methods in doing



3-29: [Fuzzy Wuzzy Horse Show - part 2](#)

3-31: [Scholarship deadlines](#)

4-4: [S.E.T. Field Trip - Syar Concrete Company](#)

4-11: [Home Arts Day](#)

4-11: [Junior Jams & Jellies](#)

[Tuolumne](#)

3-7: [Tuolumne County 4-H Presentation Day](#)

3-8: [Hi 4-H Pancake Breakfast](#)

3-28: [Sectional Presentation Day](#)

4-1: [Scholarship deadlines](#)

UCCE MFP Classes

Free Classes Offered by

[UCCE Master Food Preservers](#)



[Amador/Calaveras](#)

3-14: [Preserving Fish & Wild Game - Jackson](#)

[El Dorado](#)

3-28: [Tomatoes - From Seed to Pot: MG/MFP Combo Class](#)

4-11: [Junior Jams & Jellies](#)

[2015 weekly classes begin in July](#)

UCCE MG Classes

Free Gardening Classes offered by

[UCCE Master Gardeners](#)



[March Gardening Tips](#)

[Amador](#)

3-21: [Life After Lawn](#)

3-28: [Your Beautiful Yard](#)

[Calaveras](#)

so?

The UCCE Master Food Preservers of Amador/Calaveras Counties are about to begin recruiting for a new training class for anyone interested in becoming certified to carry out the mission of the UCCE Master Food Preservers of teaching others using research-based information. You will learn how to can, freeze, dehydrate, preserve jams and jellies, pickles and sauerkraut and more using the latest and safest methods according to UC Cooperative Extension. Classes begin in May.

If you are interested in learning the latest techniques and becoming involved in passing this knowledge on to the public, go to [Becoming a Master Food Preserver webpage](#) and enter your name on the interest list to receive further information, or call the Master Food Preserver Certification Training Program at (530) 621-5528.

Events & Workshops

Gardening and Food Preservation with Kids: Public Education Classes

The UCCE Master Food Preservers and Master Gardeners of El Dorado County have created a series of classes for kids geared in getting them to show their goods at the county fair. Here is just a peek at the upcoming classes:

"**Show What Your Grow,**" March 14 from 10:00 to 11:00 a.m. in the Floriculture Building at the El Dorado County Fairgrounds. For more information see the [UCCE Master Gardeners El Dorado County Fair webpage](#).

"**Junior Jams & Jellies,**" April 11 from 10:00 a.m. to 3:00 p.m. at the El Dorado County Fairgrounds. for more information see the [Jr. Jams & Jellies webpage](#).

"**Raising Worms!,**" July 18 from 9:00 a.m. to noon. More details to come. Keep up-to-date by checking the [UCCE Master Gardeners of El Dorado County's Public Education webpage](#).

3-28: [Open Garden Day: Growing Potatoes](#)

3-28: [Plant Sale](#)

[El Dorado](#)

3-7: [Shade Garden](#)

3-14: [Propagation from Seed](#)

3-14: [Kids Class: Show What You Grow](#)

3-18: [The Art of Growing Succulents: Cameron Park](#)

3-28: [Tomatoes - From Seed to Pot; MG MFP Combo Class](#)

3-28: [Drip Irrigation](#)

[Lake Tahoe](#)

[Tuolumne](#)

3-7: [Open Garden Day: Water Conservation & Planning for the Year Ahead; Grapevine Care & Maintenance; & Seed Starting & Spring Vegetable Planting](#)

UC ANR Tidbits

UC IPM & more...

It's that time to get ready for Spring and Summer Vegetable planting. See these publications:

[Food Safety in Your Home Vegetable Garden, ANR Pub 8366](#)

[Growing Seed Sprouts from Home, ANR Pub 8151](#)

[Growing Tomatoes in the Home Garden, ANR Pub 8159](#)

Use the [IPM Weather, models, & degree days webpage](#) to time insecticide applications.

California Grazing Academy

This year's Academy will feature an emphasis on Drought Planning.



April 24-25, 2015

UC Sierra Research and Extension
Center Browns Valley, CA

About The California Grazing Academy

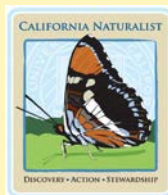
The California Grazing Academy is a unique and exciting program emphasizing practical application of controlled grazing principles to improve the environment and increase ranch profit. This challenging course consists of a minimum of lecture and a maximum of hands-on experience.

After completing the Academy, course participants will be able to:

- Assess the condition of the four basic ecological processes that determine ranch productivity.
- Apply principles of time and stock density to improve pasture productivity and stock performance.
- Estimate carrying capacity.
- Apply principles of animal behavior to reduce stress.
- Determine the supplementation needs of grazing animals.
- Design a layout to efficiently use resources and apply controlled grazing principles.
- Immediately improve grazing management on your own ranch.
- Understand underlying principles of using high stock densities.
- Managing through drought.

For More Information

Contact Roger Ingram at the UC Cooperative Extension Office/Placer County, located at 11477 E Avenue, Auburn, CA 95603, call (530) 889-7385, or email at rsingram@ucanr.edu.



California Naturalist Advanced Training

Save the Date!

Wildfire and its effects on Sierran mixed conifer forests

Join University of California scientists as we examine the

Quick Links...

[Our Website](#)

[Events & Workshops](#)

[Archived Newsletters](#)

Join Our Mailing List!



Accessibility

Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.

characteristics of wildfire and its impacts on the forests of the Sierra Nevada. We will look at land management practices used to affect fire behavior and how the landscape recovers from fire. We will take a field trip to the 2014 King fire area to see effects of high severity fire on forest regeneration and wildlife. The training will include nature journaling and an art session.

Date: April 25 & 26, 2015

Location: UC Berkeley's Blodgett Forest Research Station in Georgetown

See [California Naturalist Advanced Training Flyer](#) for details.

Thank you for your continued interest in the UC Cooperative Extension Central Sierra's news, workshops, and events.

Sincerely,

Scott Oneto
University of California
Cooperative Extension
Central Sierra

The University of California working in cooperation with County Government and the United States Department of Agriculture.

The University of California Division of Agriculture & Natural Resources (ANR) prohibits discrimination or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/176835.pdf>.) Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.

[Forward this email](#)

SafeUnsubscribe™

This email was sent to rkleveland@ucanr.edu by rkleveland@ucanr.edu | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



UC Cooperative Extension Central Sierra | 311 Fair Lane | Placerville | CA | 95667