



University of California Cooperative Extension Central Sierra News

Serving Amador, Calaveras, El Dorado & Tuolumne counties, July 2016

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Changes to the Nutritional Facts Label



The FDA has finalized a new Nutrition Facts label for packaged

Greetings,

UCCE Central Sierra wants to keep you informed about what's happening! We host many workshops throughout the year, including free Master Gardener and Master Food Preserver classes open to the public. You will also find up-to-date 4-H news. Please read on for more information!

News & Updates

Professor Vittorino Novello to tour foothill vineyards first week of August

UCCE is teaming up with the Amador County Wine Grape Growers Association and the El Dorado Wine Grapegrowers Association the first week of August for tours of a few vineyards in both counties.



Professor Vittorino Novello, University of Turin, Italy, is a special guest speaker during a week-long visit to the Sierra Foothills August 1-4. His visit is for the purpose of cross-cultural exchange on the opportunities and challenges of growing Italian winegrape varieties.

Novello is a distinguished Professor of Viticulture and a recognized expert on the attributes of many Italian varieties. He is current President of the Master's program in "Viticulture and Enological Sciences" at the University of Turin and a member of the European Consortium EMaVE (European Master of Viticulture and Enology).

Novello is also current President of the International Organization for Vine and Wine (OIV) working group "Management and Innovation of Viticulture Techniques." His main research topics are viticultural techniques, grapevine physiology, grapevine propagation, table grape cultivation and table grape production under plastic covering. He is author or co-author of 191 scientific publications.

Two tours are set for August 2nd & 3rd for the members of El Dorado Wine Grapegrowers Association and Amador County Wine Grape Growers Association.

foods. The updated Nutritional Facts label will reflect new scientific information, including the link between diet and chronic diseases such as obesity and heart disease. Three highlights of the new label include:

- 1: Updated Serving Sizes and Labeling Requirements for Certain Package Sizes.
- 2: Reflects Updated Information about Nutrition Science.
- 3: Features a Refreshed Design.

The new label will make it easier for consumers to make better informed food choices.

[Read Full Article](#)

[Subscribe to the UCCE Central Sierra CalFresh Monthly Nutrition eNewsletter](#)

UCCE 4-H Events

UCCE
4-H Dates



[Enrollment Open](#) -
Open all year!

[Amador](#)

7-1: [Enrollment begins](#)

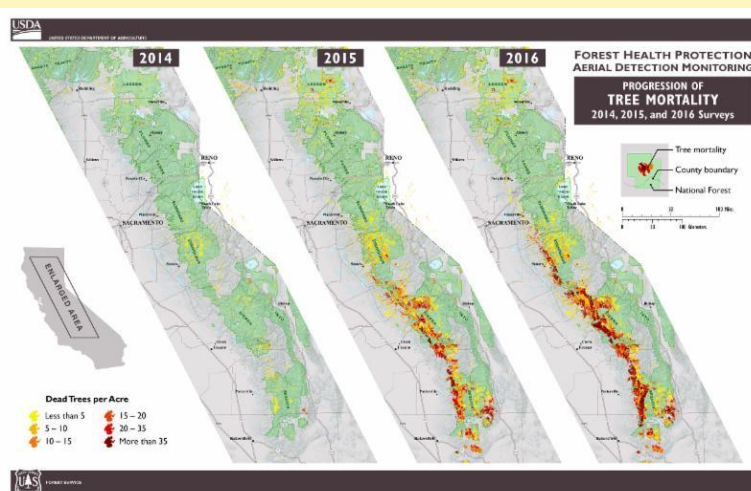
7-29 to 31: [Amador County Fair](#)

[Calaveras](#)

7-1: [Enrollment begins](#)

Thursday, August 4th there will be an evening seminar with Professor Novello at the Terra D'Oro barrel room. Vittorino will give a talk highlighting what we saw on the foothills tours: challenges and opportunities for producing Italian varieties. He will also speak on a current research topic of his (his choice of topic). This seminar is open to the public, but does require registration. (Online registration available the end of July on our website.)

California Tree Mortality - Update



Progression of Tree Mortality 2014, 2015 & 2016. Click on image to download pdf.

For more information on the progression of tree mortality: <http://www.fs.usda.gov/detail/catreemortality/toolkit/?cid=FSEPRD506706>

CALIFORNIA FOREST STEWARDSHIP HELPLINE

HOT TOPIC: TREE MORTALITY INFORMATION

For questions about your forest:

• Management	• Water Quality	• Education	• Wildlife
• Fire Hazards	• Taxes	• Fisheries	• And more...

call 1-800-738-TREE

A Registered Professional Forester (RPF) is available for your questions.
<http://calfire.ca.gov/foreststeward/> - email: forestryhelp@gmail.com

Click image to download pdf.

[El Dorado](#)

7-1: [Enrollment begins](#)

7-18 to 22: [4-H Camp](#)

[Tuolumne](#)

7-1: [Enrollment begins](#)

7-8 to 10: [Mother Lode Fair](#)

7-12: [New Leader Information Session](#)

7-12: [New Leader Orientation](#)

7-17: [New Leader Information Session](#)

7-17: [New Leader Orientation](#)

[Amador County website](#) - latest News

[El Dorado County Tree Mortality webpage](#)

[Tuolumne County Tree Mortality webpage](#)

Become a UCCE Master Food Preserver

The University of California Cooperative Extension (UCCE) invites adults interested in helping others learn about safe home food preservation to apply to train as a Master Food Preserver volunteer. UCCE Master Food Preserver volunteers learn research-based information and then share that knowledge with our communities in Amador and Calaveras counties through public classes, community events, and newsletters.

See the [2016 UCCE Master Food Preservers of Amador/Calaveras Training](#) for details and application.

UCCE MFP Classes

**Free Classes
Offered by**



[UCCE Master Food Preservers](#)

[Amador/Calaveras](#)

7-9: [Pickling & Fermenting](#) - Amador
- \$5.00

7-13: [Pressure Canning Basics](#) -
Amador, Wed. Eve. -
Pre-Registration

7-27: [Dehydrating Basics](#) - Amador,
Wed. Eve. - Pre-
Registration

[El Dorado](#)

7-9: [Canning for Fun & Food: Intro to Canning & Food Safety](#)

7-16: [In a Pickle: Pickling Fundamentals](#) -
Auburn

USDA school kitchen grants enable kids to make healthy food choices

Thanks to new equipment in school kitchens, made possible by special USDA grants, schools around the country are now serving fresher, healthier and more appealing food to students, according to research by the UC Nutrition Policy Institute (NPI).

"Years of federal neglect have resulted in many poorly equipped school kitchens, making it impossible to serve the nutritious meals that students need, particularly in light of the obesity epidemic that has affected so many youngster," said Kenneth Hecht, NPI coordinator.

During the past six years, Congress provided nearly \$200 million to help schools purchase new equipment. Pew Charitable Trusts engaged NPI to see whether the grants enabled schools to make more meals from scratch with locally grown food and lead children to make healthy food choices. [Continue reading...](#)

48 Hour Ag Tech Coding Contest

7-19: [Jam Packed: Jams & Jellies](#)

7-20: [Jam Packed: Jams & Jellies](#)

7-26: [All Dried Up! Dehydrating & Freezing](#)

8-6: [In A Pickle: Pickling & Fermenting](#)

8-6: [Hot Salsa Nights](#)
- Auburn

UCCE MG Classes

Free Gardening Classes offered by



[UCCE Master Gardeners](#)

[Monthly Gardening Tips](#)

[Amador](#)

7-16: [Little Wonders for Kids](#) - Pre-Registration Required

7-28 to 31: Visit the Master Gardeners at the [Amador County Fair](#)

[Calaveras](#)

7-3: [CalaverasGrown Farmers Market](#)

7-23: [Open Garden - Vegetable Gardening](#)

[El Dorado](#)

7-9: [Working with Soils](#)

7-9: [Saturdays with Barry](#)

7-13: [Gardening with Kids - Raising Worms](#)

7-16: [Cottage Gardening](#)

8-6: [Fall & Winter Vegetables](#)

[Lake Tahoe](#)

CALIFORNIA STATEWIDE *APPS FOR AG* COMPETITION

48 HOUR AG TECH CODING CONTEST

15 - 17 JULY 2016 | DAVIS AND SACRAMENTO, CA

HACKATHON

DEVELOPERS | DESIGNERS | ENTREPRENEURS | STUDENTS
COLLABORATE | INNOVATE

BUILD LAUNCH GROW

SPONSORED BY:

University of California Agriculture and Natural Resources *California STATE FAIR*

Calling software and agricultural innovators from all corners of the state.

Compete in our largest event to date! We will gather at UC ANR's state-of-the-art facility and pitch our concepts to industry experts in front of a live audience at the California State Fair!

COME TOGETHER, CREATE A TEAM, DEFINE A PROBLEM AND BUILD THE APP TO SOLVE IT ...IN 48 HOURS!

Apps for Ag
A Series of Agricultural Hackathons

WWW.APPS-FOR-AG.COM

[Click for details.](#)

The California Apps for Ag, the fourth in a series, will be held July 15-17. The competitive hackathon to solve real problems in agriculture and food is being hosted by UC Agriculture and Natural Resources and the California State Fair.

Software developers, designers, entrepreneurs, farmers, farm consultants and others in the agricultural industry are encouraged to participate in the hackathon, which will be held at the UC Agriculture and Natural Resources building at 2801 Second Street in Davis, from 8 a.m. Friday, July 15 to 11 a.m. Sunday, July 17.

[Continue reading...](#)

Events & Workshops

Gardening with Kids: Raising Worms

7-5: [Strawberries Galore](#) - SLT Farmers Market

7-19: [Composting & Vermicomposting](#) - SLT Farmers Market

[Tuolumne](#)

7-9: [Open Garden Day - Growing & Caring for Herbs, Fire Safety, and Water Conservation in Home & Garden](#)

UC ANR Tidbits

UC IPM & more...



Hosing off aphids.

New at IPM

[Lyme Disease in California](#)

[Plant Problem Diagnostic Tool](#)

Download the [Top 10 pests in gardens and landscapes and how to control them.](#)

Use the [IPM Weather, models, & degree days webpage](#) to time insecticide applications.

Quick Links...

[Our Website](#)

[Events & Workshops](#)

[Archived Newsletters](#)

UCCE Master Gardeners of El Dorado County
311 Fair Lane, Placerville, CA 95667
530 621-5512 <http://ucanr.edu/edmg>

UC CE

In Cooperation with
Cameron Park Community Center, 2502 Country Club Drive in Cameron Park

GARDENING with KIDS
... Raising worms!
Taught By Master Gardeners Chry Young and Jen Keahney

JULY 13, 2016

- Kids will learn how worms turn kitchen scraps into valuable nutrients that makes garden plants strong.
- [Make a worm bin!]
- Prepare the new worm home with bedding, and get a handful of worms to take home!

Ages 5 and up and must be accompanied by an adult.
Pre-registration along with a \$10.00 materials fee is required. **Class times: 9:30-10:30 or 10:45-11:45.** Each class is limited to 10 kids. Call 530 621-5512 for more information or go to <http://ucanr.edu/edc-raisingworms> to reserve your child's place today and make payment.

****Please call the Master Gardener office at 530 621-5512 for latest class information as location can occasionally change****

UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION
<http://cecentralsierra.ucanr.edu>

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Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5500.

The University of California working in cooperation with County Government and the United States Department of Agriculture

Click flyer to download.

Thank you for your continued interest in the UC Cooperative Extension Central Sierra's news, workshops, and events.

Sincerely,

Scott Oneto
University of California
Cooperative Extension
Central Sierra

The University of California working in cooperation with County Government and the United States Department of Agriculture.

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Fund

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UC Cooperative Extension Central Sierra, 311 Fair Lane, Placerville, CA 95667

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