

November 2018

UC Cooperative Extension  
Central Sierra News

University of California  
Agriculture and Natural Resources

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Serving Amador, Calaveras, El Dorado & Tuolumne counties

## Your monthly news & event announcements



Join our mailing list.

### Greetings,

Hope you are all enjoying this Fall-like weather. It's wonderful. The year is winding down and we will be posting new class dates for our programs soon. It is also the beginning of the holiday season. Our programs are participating in #GivingTuesday this year. Please check out our [#GivingTuesday webpage](#). Any donations you make stay right here in our community and can be applied to the program of your choice.

Please check our website for classes and events as our programs are in the beginning process of working out their class schedules for 2019. It's never too early to get started. And remember, sometimes what you want to do next summer will have needed to be started in the fall or winter before.

Please note our office closures for the rest of 2018: Monday, November 12 (Veterans' Day), Thursday & Friday, November 22 & 23 (Thanksgiving), and December 24 through January 2 (Winter Break).

JoLynn Miller

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## 2018 Vintage Report

by Lynn Wunderlich, UCCE Central Sierra Farm Advisor - Published on: October 15, 2018

Everyone, and I mean EVERY one, is all smiles as the 2018 California foothill winegrape harvest sails in on cool weather after a bit of a tumultuous season. Winemakers were giddy and growers still energetic (a rarity come October) as I visited several foothill vineyards to learn how the season wrapped up.

"Beautiful acidity" in the later red varieties was the common theme as the cooler August and September temperatures allowed fruit to hang and develop flavors. "The main thing to note is that we're using a lot fewer acid additions than in some years past," said Michael Long, winemaker at Amador Cellars. "Our Zinfandel, Mourvedre and Aglianico is still hanging, with pH around 3.5 and great acidity."



The sigh of collective relief after a season that began for some with a wet bloom, an April frost event, and crescendoed in July with a blanket of high smoke and higher temperatures was almost palpable. Nothing, in the farming world, is ever a sure thing until the crop is in and the bills paid.

[Continue reading and see more of the Foothill Fodder blog entries.](#)

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## Local Employment Opportunity

The UC Cooperative Extension (UCCE) Central Sierra has a local employment opportunity: **Nutrition Education Coordinator**. UCCE Central Sierra serves Calaveras, Tuolumne, Amador and El Dorado counties.

Under the general direction of the Nutrition Education Program Manager, the UC CalFresh Nutrition Education Program Community Education Specialist 3 is responsible for the coordination of the UC CalFresh Nutrition Education Program. The position focuses on, coordination of staff and volunteer activities, extension of nutrition education to low-income youth and adults, and implementation of other strategies to improve community nutrition.

The overall goals of the nutrition education program are to 1) promote literacy of food and nutrition, and 2) support communities where low-income students, adults and families can live healthy lifestyles. These goals are accomplished by directly teaching youth and adults (or training volunteers to extend lessons) about healthy eating, food resource management, food safety, and physical activity. These goals are also accomplished by creating policies, systems and environments that contribute to a healthy community, including but not limited to: school and community gardens, school and worksite wellness policies, fitness programs, etc.

For more information and application process see the [Nutrition Educator Coordinator details](#).

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## Agritourism classes for farmers and ranchers - Calaveras County

A series of 3 workshops covering Agritourism business planning will be held beginning Jan. 30 at the Calaveras Fairgrounds. The workshop series is being led by UC Sustainable Ag. Research & Education program, in collaboration with CalaverasGROWN, Calaveras Economic Development, Calaveras Wine Alliance, Calaveras Chamber of Commerce, other local producers, and UCCE.

It is open to all interested foothill growers and ranchers.

Registration and more information attached and below:

Calaveras County Agritourism Intensive:

- Dates: Wednesdays, January 30, February 27 & March 27, 2019
- Times: 8:30 a.m. - 3:00 p.m. each session (lunch provided)

- Location: Calaveras County Fairgrounds, 2465 Gunclub Road, Angels Camp, CA 95222
- Cost: \$60 for 3-session course
- Registration: <http://ucanr.edu/agtourcalaveras2019> or 530-752-5208

For more Information: Penny Leff, [paleff@ucdavis.edu](mailto:paleff@ucdavis.edu), 530-752-5208

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## Bring the wild back into our farmlands to protect biodiversity, researchers say

**Berkeley** — With a body the size of a fist and wings that span more than a foot, the big brown bat must gorge on 6,000 to 8,000 bugs a night to maintain its stature. This mighty appetite can be a boon to farmers battling crop-eating pests.



But few types of bats live on American farms. That's because the current practice of monoculture – dedicating large swathes of land to a single crop – doesn't give the bats many places to land or to nest.

Diversifying working lands – including farmland, rangeland and forests – may be key to preserving biodiversity in the face of climate change, says a new review paper published this week in *Science* by conservation biologists at the University of California, Berkeley.

[Continue reading...](#)

## Honey bee health key to wellbeing of important species

Our friends the honey bees make it possible for us to devour an abundance of almond products. In 2016 the California almond crop totaled 2.15 billion pounds valued at \$5.2 billion. Growing 80 percent of the world's almonds in California takes a lot of honey bees for pollination, roughly two hives for every acre of almond trees. It's estimated that California has 1.3 million acres of almonds, stretching 400 miles between Bakersfield and Red Bluff.



California is rated in the top five honey producing states in the nation. The U.S. per capita consumption of honey is around 1.3 pounds per year. Our buzzing friends visit millions of blossoms, making pollination of plants possible and collecting nectar to bring back to the hive. Lucky for us bees make more honey than their colony needs allowing beekeepers the opportunity to remove the excess honey and bottle it for us to enjoy.

[Continue reading...](#)

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## Holiday Food Safety

Do you have questions about your Holiday Dinner? How long to keep leftovers? Or how to clean your turkey? See these resources and find out what you need to know.

- [Countdown to the Thanksgiving Holiday](#)
  - [Holiday Food Hotlines](#)
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## UCCE 4-H Youth Development



Enrollment is open for 2018-19 program year.

[Join Now](#)

Open to all Central Sierra 4-H

11-2: [UC 4-H Mindfulness Retreat](#)

11-2: [4-H Archery Workshop - 4-H Rifle Workshop - 4-H Shotgun Workshop Registration](#)

11-3: [Club Leaders Essentials Certification Course](#)

11-5: [National 4-H Conference Application](#)

11-10: [New Mexico 4-H Adult Forum](#)

11-10: [4-H Archery Workshop - 4-H Rifle Workshop - 4-H Shotgun Workshop](#)

### **Volunteer Training**

11-10: [Zoom-assisted 4-H Returning Volunteer Training](#)

11-10: [Zoom-assisted 4-H New Volunteer Training](#)

11-20: [New Adult Volunteer Orientation](#) - Amador County

11-22: [New Adult Volunteer Orientation](#) - Tuolumne County

### Amador

Check their [Calendar & Events webpage](#).

### Calaveras

Check their [Calendar & Events webpage](#).

### El Dorado

Check their [Calendar & Events webpage](#).

### Tuolumne

Check their [Calendar of Events webpage](#).

## UCCE Master Food Preserver Training - El Dorado County

Click the flyer for details.



**Come Preserve with Us!**  
**Applications due December 16, 2018**

*Do you enjoy canning or drying food?  
Do you enjoy teaching?  
Do you want to meet new people who share your food passion?*

Become a volunteer for the UCCE Master Food Preservers of El Dorado County!



**Learn It!**  
Attend the initial training series.

**Preserve It!**  
Make jams & jellies, pickled fruits and veggies, sauerkraut, jerky, soups, and much more.

**Teach It!**  
Educate your community at public classes and events.

Learn about the UCCE Master Food Preserver program, community involvement and participation requirements at one of our training information meetings.

**Thursday, October 18, 12:30** - Cameron Park Library, 2500 Country Club Drive, Cameron Park  
**Thursday, November 1, 12:30** - El Dorado Hills Library, 7455 Silva Valley Pkwy, El Dorado Hills  
**Thursday November 15, 12:00** - Bethell-Delfino Agriculture Building, 311 Fair Lane, Placerville

RSVP at <http://ucanr.edu/mfp-infomtg-rsvp> or [rxcleveland@ucanr.edu](mailto:rxcleveland@ucanr.edu) or 530-621-5528.

**11 Training Sessions**  
**Thursdays:** January 31, February 7, March 7, April 11, May 9, June 6  
**Saturdays:** February 9, March 9, April 13, May 11, June 8

**Cost:** \$135 (includes books & lab materials)

**Class Location:** Bethell-Delfino Ag Bldg, 311 Fair Lane, Placerville  
For more information, visit our training site at <http://ucanr.edu/be-edmfp>.



University of California  
Cooperative Extension

**Master  
Food  
Preserver**

## Classes & Events Offered by UCCE Master Food Preservers

**Holiday Food Safety** - Countdown to the Thanksgiving Holiday

### Amador/Calaveras

11-10: Holiday Gifts from the Kitchen - Calaveras County

### El Dorado

11-1: UCCE Master Food Preserver Training Information Meeting

11-1: Nuts to You

11-15: UCCE Master Food Preserver Training Information Meeting

## UCCE Master Gardener Training 2019

Calaveras County (Residents of Calaveras and Tuolumne counties may apply.)

Amador County (Residents of Amador and El Dorado may apply.)



**Come Grow with Us!**

UCCE Master Gardener Training Starts:  
 January 15- Amador County  
 January 24- Calaveras County  
(Click on county for more information)

**Learn It!**  
 Attend the initial 15-week training series  
 Attend regular continuing education classes  
 Attend monthly general meetings

**Grow It!**  
 Get your hands dirty by volunteering in the Demonstration Gardens  
 Prepare plants for the annual plant sale

**Teach It!**  
 Educate residents at farmers markets, workshops and events  
 Volunteer at the Master Gardener help desk  
 Lead or assist with public education classes

*Do you enjoy getting your hands dirty? Do you enjoy sharing your knowledge?  
 Do you want to meet new people who share your gardening passion?*

Then you may be the ideal candidate to become a **UCCE Master Gardener**. You will be trained by the University of California Cooperative Extension in science-based horticulture and then volunteer to teach others on sustainable gardening practices.

**15-Week Master Gardener Volunteer Training**  
 Topics include: botany, soil, plant pathology, home orchards, entomology, water, pests, landscape trees, composting, plant identification, propagation and so much more!

Two trainings courses will be offered this winter:  
**Amador County:** Classes will be held in Jackson on Tuesdays from 9 a.m. to 4 p.m. beginning January 15<sup>th</sup> and ending April 9<sup>th</sup>, 2019  
**Calaveras County:** Classes will be held in San Andreas on Thursdays from 3 p.m. to 7:30 p.m. beginning January 24<sup>th</sup> and ending May 2<sup>nd</sup>, 2019

**Want to learn more:** attend an orientation to learn about the UCCE Master Gardener Program, our community involvement, your participation requirements, and the training requirements. Two orientations are scheduled in Amador County: **October 16, 2018 at 5:00 p.m.** or **October 30, 2018 at 11 a.m.** at the Amador County CSEA Building, 12200-B Airport Road, Jackson. In Calaveras County, the orientation meeting is **October 11, from 2 - 4 p.m.** at the Calaveras County Library, 1299 Gold Hunter Road, San Andreas. All applicants must attend one of the orientation meetings in their county. RSVP online at [http://ucanr.edu/rsvp\\_information\\_mtg](http://ucanr.edu/rsvp_information_mtg) or to Robin Claverland at 530-821-9528 or [rcclaver@ucanr.edu](mailto:rcclaver@ucanr.edu).

University of California Agriculture and Natural Resources | UCCE Master Gardener Program

## Family Day in the Garden - November 3 - Tuolumne County

The UCCE Tuolumne County Master Gardeners will be holding an Open Garden Day at the Demonstration Garden on Saturday, November 3rd from 10AM – 1PM. The Demonstration Garden is located at 251 S. Barretta Street in Sonora, (Cassina High School Campus.) Open Garden Days are held on the first Saturday of the month, from February through November.

This month we will host “Family Day in the Garden”, including Holiday Swans, Plant Markers, Wildflower Seed balls, Pinecone bird feeders, Fall and Winter decorations and many more. All activities are absolutely free and subject to change. Open Garden Day will be held either Rain or Shine.

In addition we will hold our final Plant Sale of the year, the perfect opportunity to add to your foothill garden – all plants for sale are raised here in the Foothills to grow well here.



## Classes & Workshops Offered by UCCE Master Gardeners



### Monthly Gardening Tips

#### Amador

Check their [Classes & Events webpage](#).

#### Calaveras

Check their [Classes & Events webpage](#).

#### El Dorado

11-3: [Landscaping with Trees and Shrubs](#)

11-10: [2nd Saturdays with Barry: Garden Cleanup; Open Garden Day](#)

11-14: [Turning Dirt into Gold](#)

#### Lake Tahoe

Check their [Classes & Events webpage](#).

#### Tuolumne

11-3: [Family Craft Day in the Garden](#)



Pumpkins are festive this time of year, but they're not just for decoration! This fall, roast one and try a healthy recipe like [Pumpkin Oatmeal](#) or [Pumpkin Jalapeño Hummus](#). Learn more about pumpkins and view their nutrition facts at [Harvest of the Month](#).



## Classes & Events Offered by UC CalFresh

#### Amador

Please check back for events

#### Calaveras - Check [website](#) for details.

11-6: Eat Healthy, Be Active

11-13: Nutrition Lesson Recap

11-20: Cooking Class - Thanksgiving Theme

11-27: Cooking Class

#### El Dorado

Please check back for events

#### Lake Tahoe

#### Tuolumne

11-4: [Dragoon Healthy Trails Day](#)

## UC IPM and more...

[Plant problem diagnostic tool](#)

[Natural Enemies Gallery](#)

[Weed Identification and Photo Gallery](#)

[Seasonal IPM](#)

[Recent Updates at IPM](#)

[UCIPM Weather Models & Degree Days webpage](#)

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Thank you for your continued interest in the UC Cooperative Extension Central Sierra's news, workshops, and events.

Sincerely,

JoLynn Miller  
University of California  
Cooperative Extension  
Central Sierra

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