



Hello!

As summer begins to fade, we look forward to the many traditions that autumn brings, and hope you do, too! This month the Master Gardeners of El Dorado County are preparing for their second annual Fall into Gardening event at the Sherwood Demonstration Garden in Placerville, and many of our 4-H youth will be volunteering at the annual Ironstone Concours d'Elegance antique car show in Murphys. If you have ever thought about becoming a UCCE Master Gardener, consider signing up to attend one of our upcoming training orientation meetings for more information! We recently welcomed several new staff members to the UCCE Central Sierra team, you can check out their bios in this month's newsletter as well as the many upcoming workshops and classes we have to offer.

Sincerely, JoLynn Miller



JoLynn Miller **Central Sierra Director &** 4-H YDP Advisor

University of California **Cooperative Extension** Central Sierra Nevada MCP





Agriculture and Natural Resources

Forests and woodlands in the Central Sierra Nevada are beautiful, extensive, diverse,

and owned by both public and private landowners. Active management is needed to reduce forest density and to help forests recover after wildfire. The goal of the Central Sierra forestry program is to empower landowners to overcome these challenges.

Central Sierr



Forest research and outreach compiles forestry voices in...

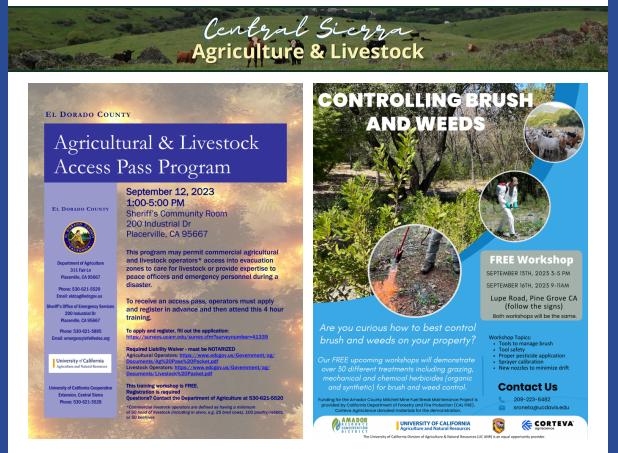


Rim Fire 10 Years Later: 2023 Range Tour and Conference...

For the past four years, Kim Ingram has been listening closely to the private forest landowners who participate in her Forest Stewardship Workshop series. During the workshops, landowners share their experiences clearing thickets of vegetation,...

Read more Forest Stwardship StoryMap TUOLUMNE CO., Calif. -Catastrophic wildfire has become a new and destructive reality for California. The frequency, severity, seasonality, and extent of rangeland wildfires has greatly accelerated in the past decades. Given an increasingly...

Read more



"The Central Sierra foothill region produces a wide variety of agriculture commodities. The University of California brings research and outreach to area farms to assist with growing and cultural practices, pest and disease management, and more!"

Targeted Grazing Explained

UCCE Livestock & Natural Resources Advisor Flavie Audoin details five grazing management principles, when targeted grazing can be used, and the costs/benefits of the practice. <u>Watch Now</u>

Targeted Grazing 101



Central Sicern outh Development Program



Now Enrolling for the 2023-2024 Program Year!

JOIN 4-H INTEREST LIST

Are you interested in helping youth grow and achieve?

Add your name to our Interest List and 4-H staff member will contact you.

NOW HIRING 4-H COMMUNITY EDUCATION SPECIALIST 2 JACKSON | AMADOR COUNTY

50% Variable

JOB ID 55806

UNIVERSITY OF CALIFORNIA \mathbf{CE} **Agriculture and Natural Resources**





UC Cooperative Extension

UCCE Central Sierra 4-H Website

UCCE Central Sierra 4-H eNews



Janice Kelley 4-H Community Education Specialist

El Dorado County Welcomes New 4-H Staff

Janice brings skills as an accomplished writer, naturalist, program manager, and informal educator of children and families. Her creative and engaging presentation style stimulates curiosity and imagination of event participants and volunteers, as they sharpen observations and problemsolving skills. She completed her Master of Science Degree in Recreation, Parks and Tourism from Ca State University, Sacramento in 2013, with a special interest in the connection between recreation, health, and wellness benefits of nature across the lifespan.





Tuolumne Open Garden September 9

TUOLUMNE CO., Calif. --Join us this month for presentations on Food



Adults With Disabilities Learn Nutrition, Grow Gardening ...

EL DORADO CO., Calif. -- A nonprofit serving adults with intellectual and developmental Preservation and Bat Houses. Open Garden Days are held on the first Saturday of the month at the Cassina High School Campus...

Read more www.mymotherlode.com disabilities in El Dorado County, MORE has found kindred spirits in helping their...

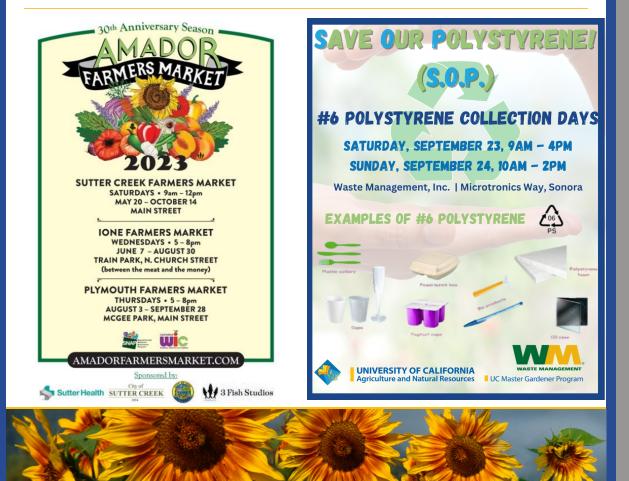
Read more www.morningagclips.com

September 9, 2023 | 9:00AM - 12:00PM

Late Summer and early fall (after harvest) is a perfect time for pruning your fruit trees! Our Master Gardener experts will show you how to prune your fruit trees postharvest for the best results in coming years. Reserve your spot by calling (209) 223-6838. More Info

Register Here





2024 UCCE Master Gardener Volunteer Training Program



The University of California Cooperative Extension (UCCE) invites adults interested in helping others learn about gardening and landscaping to apply to train as a Master Gardener volunteer. UC Master Gardener volunteers learn University-based scientific information and then share that knowledge with the community. Master Gardener volunteers are people of all ages and from all walks of life with a common desire to help others learn about sustainable landscape and gardening. <u>More Information</u>



Who Can Apply?

 Any adult resident of El Dorado, Amador, Calaveras or Tuolumne county.

Need to Know

- Training will take place virtually and in person.
- Applicants need internet access as most communication will be through email and websites.
- Instruction will include hands-on labs, projects, homework, exams, and lecture.

How to Apply

- Attend one of our October 2023 orientation meetings to learn about the Master Gardener Program, our community involvement, and your participation requirements.
- Application will open mid-October and be due before November 1, 2023.

RSVP for a UCCE Master Gardener Training Orientation Meeting





Master Gardeners Go to Market

Visit with El Dorado County UCCE Master Gardener volunteers at both the El Dorado Hills and Placerville farmers markets! Bring your questions and garden conversations. Local vegetable planting guides are available for \$5 as well as other UC gardening books. Check out the <u>calendar</u> for dates/times.

Open Garden Days Every Friday & Saturday | 9:00AM-12:00PM Sherwood Demonstration Garden, Placerville

Need garden inspiration? There are <u>16 individual</u> <u>demonstrations gardens</u> ranging from the Shade Garden to the Rock Garden and everything in between.

Master Gardeners are committed to educating the general public on sustainable horticulture and pest management based on traditional, current, and evolving research.



<u>Sherwood Demonstration Garden</u> is designed to provide the public with a hands-on, interactive experience about research-based, sustainable gardening practices specific to the west slope of El

Dorado County, appropriate for all ages and cultures, and reflective of a variety of environments and gardening experiences.

Please visit our <u>Calendar of Events</u> to download a flyer with all of our fun garden activities this month.

Free Public Education Classes presented by Master Gardeners of El Dorado County

Garlic, Shallots

& more





Pumpkins

& Gourds







September 16 (Placerville)

Greenhouse Gardening

September 23

(El Dorado Hills)





September 30 (Placerville)



September 13 (Cameron Park)

Plant Drought-Tolerant Shade

If the long, hot summer has found you wishing for more shade trees

Trees This Fall

www.mymotherlode.com

Ask a

Master

Gardener

Read more





Container Herb Gardens

If you have dreamed about an herb garden, you can make your dreams come true

Read more www.mymotherlode.com

Connect with UCCE Master Gardeners Near You!

UCCE Master Food Preservers of Central Sierra



Questions About Food Preservation? Ask a UC Master Food Preserver online, any time! Visit our

website for e-news, event updates, recipes, and class schedules.



Dried Herbs & Spices

Pumpkins & Gourds

Tomaytoes, **Tomahtoes**

Garlic, Shallots & More

Kombucha & Shrubs



CalFresh Healthy Living of UCCE Central Sierra Welcomes New Staff



Noah Alexander Cooke CalFresh Healthy Living UCCE Central Sierra Community Education Supervisor 2

Noah Cooke has been with CFHL since September 2022, starting as a CES 2 in Placer/Nevada counties. He holds a B.S. in Nutrition and Food from CSU Sacramento and is passionate about food literacy and food system resilience in rural communities. Noah spends his spare time hiking, rock climbing, fermenting foods, and playing with his dog, Rumi. Noah can be reached at nacooke@ucanr.edu.

Mary Manning CalFresh Healthy Living Calaveras County Community Education Specialist 2

Mary is a former owner/director of a youth dance academy. She has a passion for teaching and connecting with people of all ages. More recently, Mary worked with seniors as an activity director for an assisted living community.

Mary lives in Murphys with her husband, two children and spoiled dogs. She loves to sew dance costumes in her spare time. Mary is excited to join the CalFresh Healthy Living Team.



Farrah Olson CalFresh Healthy Living Tuolumne County Community Education Specialist 2

Farrah has several years of administration experience and is a certified Functional Nutritional Therapy Practitioner. Farrah enjoys spending her free time outside, cooking, and being with



family and friends. She is very excited to start this new role and work in the field she is so passionate about.

Lisa earned an Associate's Degree in Health Sciences from Cabrillo College, with passion to learn the in's and outs of how our body works. She is also a Certified Phlebotomy Technician. She recently completed a Cadaver anatomy course here at Columbia College and a course surveying local mushroom and fungi in the high sierra.

Lisa enjoys exploring her new home in Tuolumne County. She loves to cook and try new foods to incorporate in her home cooking for her family. She loves to travel and shop at estate sales in her free time!



Lisa Uribe CalFresh Healthy Living Tuolumne County Community Education Specialist 2



Few things signal the end of summer and the beginning of fall as clearly as grapes beginning to ripen. Many different varieties of grapes are available throughout the season in shades of green, red, purple, and some dark enough to be considered black. In addition to grapes for fresh eating, grapes used to make wine are an important and widely grown crop in the Central Sierra...



Grapes - Have A Plant

Grapes are available fresh, dried and as 100% juice for good nutrition and convenience. If selecting fresh, choose plump, firm grapes firmly attached to the st...

<u>Read more</u> fruitsandveggies.org

Read More About Grapes

California Grapes



Grape Recipes Grape Salsa Broccoli Raisin Salad Cuban Baked Bananas Microwave Bread Pudding



Amador County Grapes



More UCCE Central Sierra Programs











Living with Fire

Livestock

<u>Natural</u> <u>Resources</u> <u>Oaks &</u> Rangelands

UC California Naturalist Program



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