

Asparagus Gives an Early Crop

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Home gardeners anxious to enjoy their first spring crop can plant asparagus, a cool-season vegetable that's one of the earliest to emerge in the spring garden. Asparagus is a perennial crop that can remain productive for 15 to 20 years, so selecting an appropriate bed site is important. Asparagus grows best in well-drained, sandy loam soil.



Before planting, apply one pound of super phosphate (0-46-0) and a half-pound of urea (46-0-0) per 100 square feet. These numbers, found on all fertilizer bags, represent percentages of nitrogen, phosphorus and potassium. Mix in fertilizers to a depth of 4 to 6 inches with a rototiller. Alternatively, gardeners can apply a complete fertilizer like 5-10-10 (4.5 pounds per 100 square feet), particularly if soil is low in potassium.

Make furrows 1 foot deep and 4 feet apart. Fill furrows back up with compost and fertilizer until they are 6 inches deep. Plant dormant, year-old asparagus crowns 12 to 18 inches apart in the furrow with buds facing up. Crowns can be purchased through most vegetable seed catalogs or in local nurseries.

Spread crown roots out evenly in the furrow covering both the roots and crowns with a couple of inches of soil and compost. Irrigate immediately. As spears emerge, gradually fill in the furrow with soil and compost until the furrow is level with the surrounding bed. Do not harvest spears the first year to give them a chance to develop a strong root system for next year's crop.

Make sure to irrigate the asparagus all through the growing season. In July, apply a side dressing of nitrogen fertilizer, incorporating the fertilizer into the sides of the bed and irrigating. Next winter, remove the old ferns and side dress with a complete fertilizer like 5-10-10 by incorporating it into the sides of the beds around the plants and irrigating.

Spears that emerge the second spring can be harvested when they reach 6 to 8 inches long with tight buds. Harvesting can be done either by snapping the spears off at ground level or using a knife. Stop harvesting when the average diameter of the spears is less than one-fourth of an inch. After harvest, fertilize with a complete fertilizer and allow ferns to develop so that new food reserves can be restored to the roots for next year's crop.

Please contact the University of California Cooperative Extension at 754-6477 or <http://cecentralsierra.ucanr.edu> with your agricultural questions. To speak with a Certified Master Gardener: Calaveras (209) 754-2880, Tuolumne (209) 533-5696, Amador (209) 223-6837, El Dorado (530) 621-5543. Information for this article was collected from the University of California Division of Agriculture and Natural Resources.