

January 2017

UC Cooperative Extension
Central Sierra News

University of California
Agriculture and Natural Resources

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Serving Amador, Calaveras, El Dorado & Tuolumne counties

Your monthly news & event announcements

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Happy New Year,

It is the beginning of a new year and UC Cooperative Extension Central Sierra hopes it finds you all well. As we say goodbye to 2016, we look forward to a new year that is full of excitement for the things to come. We welcome a number of new staff that have recently joined our team and are excited to get them involved in our programs across the region. We already have numerous educational workshops planned for 2017 so be sure to check out our monthly e-newsletter and follow us on Facebook for up to date information.

Visit our Website

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[California Master Beekeeper Program: On a Roll to Help the Bees](#)

They've got your back.

And your bees.

The declining honey bee population now has 52 more friends. Science-based friends. Bee ambassadors. Partners.

They're the new apprentice graduates of the [California Master Beekeeper Program](#) (CAMPB), administered by Extension apiculturist [Elina Lastro Niño](#) and her colleagues at the Harry H. Laidlaw Jr. Honey Bee Research Program, University of California, Davis.



[Continue reading...](#)

[A New Exotic and Invasive Disease: *Phytophthora tentaculata*](#)

A new plant pathogen in the genus *Phytophthora* (pronounced Fie-TOF-ther-uh) has recently been found in several California native plant nurseries and habitat restoration sites. The pathogen, *Phytophthora tentaculata*, poses a risk of disease in wildlands, gardens and landscapes that use susceptible California native and non-native plants. Once introduced in these areas, the pathogen can generate disease for years to come, potentially causing lasting environmental and economic impacts. Because both native and non-native California plants from nurseries can carry new pathogens and other pests, it is important to remember that only healthy plant material should be used for planting.

What is Phytophthora?

Phytophthoras are microscopic, fungus-like organisms called water molds that produce spores and hyphae. Many are soilborne, attack plant roots and stems, and spread by the movement of infested soil, including soil stuck to tools, containers, or shoes. The genus *Phytophthora* is large, with over 100 described species, including the sudden oak death pathogen and other destructive pathogens of agricultural, ornamental, and forest plants.

[Continue reading...](#)

[It's Time to Prepare Your Landscape for Winter!](#)

Now is the time to prepare your garden and landscape for winter. The simple tasks recommended below will help prevent perennial weeds, insect pests, and certain disease pathogens so these problems don't get established and become difficult later.

[Continue reading...](#)

[Two Gray Wolves Confirmed Present in Lassen County](#)

CDFW News - November 2, 2016

The California Department of Fish and Wildlife (CDFW) has confirmed the presence of two gray wolves in western Lassen County.

After a wolf-like canid was photographed by trail cameras in Lassen County in fall 2015 and spring 2016, CDFW began operating additional trail cameras in the area and regularly searching for wolf scat and tracks. This summer, photographs, tracks and eyewitness sightings suggested the presence of two canids frequently traveling together.

Numerous scat samples were collected by CDFW scientists and submitted to the University of Idaho's Laboratory for Ecological, Evolutionary and Conservation Genetics. Genetic analysis of the samples confirmed the presence of a male and a female gray wolf. There is no current evidence — such as trail camera images, tracks, scat or reported observations — suggesting the wolves produced pups this year.

[Continue reading...](#)



Calling All Potential Master Food Preservers!

Are you interested in [becoming a certified UCCE Master Food Preserver](#) volunteer and teaching others how to preserve food at home? If you live in El Dorado, Amador, Calaveras and even Tuolumne County, you're in luck! We are offering volunteer training programs in both El Dorado and Amador counties this winter, starting in February. While experience with canning and drying food is a bonus, it isn't required. We can teach you how to preserve food and then you can help teach others!

Traditionally our training programs are taught in weekly half-day classes over a span of two months. This year we're spreading it out over four months with two classes a month, meeting on a weekday and a Saturday. The goal is to make it easier for anyone working to only have to take one day off a month instead of four or five days. *(Both programs have three classes in February to fit in a Food Safety class with a microbiologist from UC Davis.)*

Classes in El Dorado County (for those who will volunteer in El Dorado County) are on the second Thursdays and Saturdays during February through May. Classes in Amador County (for those who will volunteer in Amador and Calaveras counties) are on a Friday and Saturday during February through the beginning of May. [Check their schedules.](#)

Want to learn more? Visit our website at http://ucanr.edu/be_mfp and join us at one of our training program overview meetings on Jan 5 in Placerville and January 7 or January 13 in Jackson. At these one-hour informational meetings you'll learn about the mission of the UC Master Food Preserver program, the educational events we provide in our community, the training required to become certified, and the annual requirements for active members.

RSVP by calling 530-621-5528 or email Robin at rkleveland@ucanr.edu.

Nutrition Education

Salt Awareness Week (January 29-February 4)

Food prepared at home is slowly getting healthier, but food prepared away from home is *not*.

- Food prepared away from home accounts for 32 percent of Americans' caloric intake and 41 percent of food expenditures. (Food prepared away from home includes restaurants, fast-food establishments, and take-out or delivery meals.)



- Americans increased their away-from-home share of calories from 18 percent to 32 percent in the last three decades, mainly from table-service and fast-food restaurants.
- Caloric intake rose over the last three decades from 1,875 calories per person per day to 2,002 calories per day.
- Food prepared at home became significantly lower in fat content and richer in calcium over the past three decades; food prepared away from home did not.
- Food prepared away from home is higher in saturated fat, sodium, and cholesterol, and lower in dietary fiber than food prepared at home.

[Continue reading...](#)

[Subscribe to the UCCE Central Sierra CalFresh Monthly Nutrition eNewsletter](#)

Sheep Shepherding School Series to begin January 12, 2017

UCCE Placer/Nevada is offering a series of hands-on and classroom workshops for new and aspiring sheep producers in 2017. These programs are designed to help students gain the knowledge and skills necessary to operate a small-scale commercial sheep operation!

- January 12 – Getting Started In Sheep Production Overview
- January 14 – Sheep Husbandry Field Day
- March 4 – Lambing on Pasture Field Day

You can register online at <http://ucanr.edu/sites/placervevadasmallfarms/>.
For more information, contact Roger Ingram at 530-889-7385 or rsingram@ucanr.edu.

[Download and view the newsletter here.](#)

HTML Link: http://ucanr.edu/sites/Roger_Livestock/?newsitem=66479

Christmas Tree Recycling

Do you use a real tree to decorate for the holidays? Real, non-flocked trees can be recycled after the holidays, in most cases, for free.

Please make sure that no tinsel, decorations or nails remain on the tree. Especially those priceless ornaments.

[Locations in Amador County.](#)
[Locations in El Dorado County.](#)
[Locations in Tuolumne County.](#)

Save Our Polystyrene!

UCCE Master Gardeners of Tuolumne County are holding two Polystyrene Collection Days.

Dates:
January 21, 9:00 a.m. - 4:00 p.m.
January 22, 10:00 a.m. - 2:00 p.m.

Location: Waste Management, Inc.
Microtonics Way to Camage - follow the signs.

[More information...](#)

UCCE 4-H Youth Development

Enrollment Open - Open all year

May 27, 2017 - [California State 4-H Field Day](#)
[State 4-H 2017 Interview Contest](#)



Amador

- 1-21: [Up-Country Rotary Crab Feed](#)
- 1-28: [Amador County Presentation Day](#)

Calaveras

El Dorado

- 1-21: [Grow Your STEM](#)

Tuolumne

- 1-23: [Drive Thru Dinner](#)

Tuolumne County 4-H Summer Camp

Dates: August 2 - 6, 2017
Location: Camp Silver Spur

4-H Summer Camp in Tuolumne County is ready to take registrations. Camp is open to any youth from 9-19 years old from any county or state. The goal of our summer camp is to create an exciting and nurturing environment where kids can develop self-confidence, teamwork, and try fun challenges. We want our youth to get a sense of connection with themselves, their friends, and the environment. Each cabin has a youth counselor who emphasizes safety, leads recreational activities, and serves as a mentor, as well as an adult leader responsible for supervision. To register and learn more about our camp contact the Tuolumne County 4-H Office at 209-533-6990 or kmmarkus@ucanr.edu or visit our webpage at: http://ucanr.edu/sites/Tuolumne_4-H/4-H_Camp/

Registration Open Now! 2017 Tuolumne 4-H Summer Camp August 2nd-6th



Follow this link to register today! <http://ucanr.edu/tc20174hcamp>

Space is limited, first come first serve. Ages 9-19 years.

Cost: Early Bird discount: \$260 by February 28th, \$300 after March 1st.
(\$50 deposit holds you at this cost, final payment due June 15th, additional \$40 4-H enrollment applies for youth not currently enrolled in 4-H)

Adult Chaperones needed

For more information, contact the Tuolumne 4-H Office at 209-533-6990 or kmmarkus@ucanr.edu

Sports Science Crafts Songs
Games Leadership Friendship
Skits



University of California
Agriculture and Natural Resources ■ 4-H Youth Development Program

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Science * Technology * Engineering * Math



All youth are encouraged to attend the Grow your STEM series

First Event
January 21st, 2017
1:00pm-3:00pm
Placerville County Library

Grow Your Stem events are teen lead sessions where youth engage in fun science driven experiments designed with their ideas in mind!

A Free event Open to The public

Upcoming event dates:
February 11th, March 11th and April 15th
Attend one or all and don't forget to bring a friend.
**March 11th event will be held at the El Dorado County Fairgrounds*

www.ucanr.edu/sites/edc_4-h_program/

Contact us with any questions:
call (530)621-5568 or email
dveffredo@ucanr.edu



University of California
Agriculture and Natural Resources 4-H Youth Development Program

STEM
Science-Technology-Engineering-Math

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Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.



Tuolumne County 4-H

DRIVE THRU DINNER

Monday, January 23, 2017
4 - 7 PM



Dinner to go at the Fairgrounds

DINNER FOR 4-5 PEOPLE \$40
Whole BBQ Tri Tip
Cowboy Beans
Green Salad
Garlic Bread



Fundraiser for 4-H Clubs, 4-H Summer Camp, and 4-H Council. Tickets available from 4-H youth members or call us! Pre-sale only, until January 16. Thank you for your support.



For information, call Ron at 209-588-3848

Tuolumne County 4-H Council

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State 4-H Interview Contest 2017 Job Descriptions

The Interview Contest is a popular event that gives 4-H members an opportunity to practice the real-life skills needed to apply for a job. Participants prepare a resumé and cover letter for a job they choose from the job descriptions listed below. Evaluators evaluate their performance during a mock interview and give constructive feedback using a standard evaluation rubric.

See the [State 4-H Interview Contest webpage](#) for details and rules.

Tuolumne County 4-H Drive Thru Dinner

Tuolumne County 4-H is hosting a drive thru tri tip dinner on January 23. Pick up time is between 4-7 p.m. at the Mother Lode Fairgrounds. Proceeds from this event help the 4-H Clubs, 4-H Summer Camp and 4-H Council in Tuolumne County. All dinners are pre-sale only and must be purchased by January 16th. Tickets can be purchased from any 4-H member or you can stop by the 4-H Office. If you want more information, contact Ron at 209-588-3848.



University of California
Cooperative Extension

Master Food Preserver

Classes & Events Offered by UCCE Master Food Preservers

Amador/Calaveras

1-7: [Learn How to Become a UCCE Master Food Preserver](#)
1-13: [Learn How to Become a UCCE Master Food Preserver](#)

El Dorado

1-20: [Fair Judging of Preserved Foods Workshop](#)
1-21: [Winter Canning: Stock & Broth](#)

Fair Judging of Preserved Foods Workshop: January 20, 2017

Date: Friday, January 20, 2017
Registration: 8:30 - 9:00 a.m.
Class: 9:00 a.m. - 4:00 p.m.

Location: UC Cooperative Extension Sacramento County, 4145 Branch Center Road in Sacramento.
Hosted by UCCE Master Food Preservers of El Dorado County.

Fee: \$60.00 - Continental breakfast and lunch included.

Class size is limited so register early.

[Details and Registration.](#)

Canning Basics in Tahoe

Saturday, February 11, 2017, 1:00-3:00 p.m., \$10
South Lake Tahoe Library

Live in the Lake Tahoe area? Curious about safely canning your own food at home? Whether you're looking to stock your shelves with food basics or you want to make gourmet pickles and dessert sauces, learn why and how canning works. Homemade jars of shelf-stable food with ingredients you control and can pronounce are a treasure for busy people who need a quick meal during a busy day.

This UCCE Master Food Preserver class introduces three canning methods: boiling water canning, atmospheric steam canning, and pressure canning. Learn the reasons why some foods are canned under pressure and some are not.

Build your canning confidence by watching several demonstrations. Learn how to find reputable recipes and get suggestions on how to use various preserved food in meals. Leave with detailed step-by-step guides and a slew of easy recipes to try on your own.

[Details and Registration.](#)

Classes & Workshops Offered by UCCE Master Gardeners



Monthly Gardening Tips

Amador

- 1-14: [Garden Planning: Vegetables & Annuals for Now & Later](#)
- 1-28: [Selection & Care of Ornamental Shrubs & Roses](#)
- 2-4: [Growing Backyard Table Grapes & Olives](#)

Calaveras

Visit their [Classes & Events webpage](#) for upcoming classes.

El Dorado

- 1-14: [The Good The bad and The Bugly](#)
- 1-14: [Saturdays with Barry](#)
- 1-21: [Pruning Fruit Trees](#)
- 1-28: [Backyard Beekeeping](#)

2-4: [Spring & Summer Vegetables](#)
4-29: **Save the Date! Spring Plant Sale**

[Lake Tahoe](#)

Events run spring and summer. Check back on their [Classes, Workshops & Events webpage](#).

[Tuolumne](#)

Visit their [Classes & Events webpage](#) for upcoming classes.

UC IPM and more...



[Training Young Trees](#)

15 Chapters of videos about training young trees, total time 18:53.

[Fruit Trees: Training & Pruning Deciduous Trees](#)

[Seasonal IPM](#)

[Recent Updates at IPM](#)

[UCIPM Weather Models & Degree Days webpage](#)

Thank you for your continued interest in the UC Cooperative Extension Central Sierra's news, workshops, and events.

Sincerely,

Scott Oneto
University of California
Cooperative Extension
Central Sierra

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