

March 2021



UC Cooperative Extension Central Sierra

Serving Amador, Calaveras, El Dorado and Tuolumne counties.

Your monthly news & event announcements

Join our mailing list.

Greetings from UCCE Central Sierra,

Mid-March finds us getting some much needed rain and snow. Let's keep our fingers crossed for more. We have several online classes on our calendar as well as a Prescribed Fire Academy for Working Lands online workshop at the end of March. And, the first ever Statewide UC Master Food Preserver Training is underway. What an awesome idea, having online classes for the lectures and then (when we can) having in-person labs at the local county level. So read on, I am sure you will find something to spark your interest.

Please take care and stay healthy.

Sincerely,

JoLynn Miller, Director and 4-H Youth Development Advisor
University of California Cooperative Extension Central Sierra

Visit our Website



UCANR - Coronavirus and COVID-19

As the State of California remains in the shelter-in-place order to help slow the rise of COVID-19 cases and give the vaccine time to reach everyone, UC Cooperative Extension Central Sierra will remain closed to the public until further notice. We continue to work remotely and are always here to answer your questions and address your needs. While

we regret the inconvenience, our events will remain online for the near future. Please see our [calendar](#) or call us to learn more about the wonderful virtual classes we have coming in this month.

You can contact us at our main phone number, (530) 621-5502, or by email at cecentralsierra@ucdavis.edu.

Agricultural News

Register now for the Airblast 2021: Optimizing Canopy Sprayers Webinar



Monday, March 29, and Tuesday, March 30

11:00 AM-2:30 PM Pacific Time
2:00-5:30 PM Eastern Time

A two-day webinar providing participants with practical information to maximize the effectiveness and efficiency of their air-assisted sprayers used in orchards, vineyards and some bush crops.

Intended Audience

Pesticide applicators, supervisors, growers, licensed professional applicators, Pest Control Advisors and anyone involved in spray application decision making in the orchard or vineyard.

Webinar Objective

Featuring recognized experts hailing from the U.S. and Canada, this unique nationally broadcast workshop, the first of its kind, aims to provide participants the knowledge and insight needed to assess and improve their own spray operations. Presentations will use a variety of air-assist sprayers used in a wide range of orchard/vineyard cropping systems. Audience interaction via Q&A sessions at the end of each day is welcome.

[More information and registration.](#)

The Vertebrate Pest Council Virtual Workshop

Click on flyer to download



The Vertebrate Pest Council Virtual Workshop

Don't miss this "virtual" opportunity to learn about methodologies and concepts involving human-wildlife conflicts and vertebrate pest problems.

Cost: \$30.00 per person/per day

Credits: DPR, SPCB & CDPH hours applied for



Tuesday, March 30, 2021

Start Time- 8:00am- 10:00 am PST

Register Here: <https://attendee.gotowebinar.com/register/7561613456554330381>

- Ground Squirrel Management- Carolyn Whitesell, UC Division of Agriculture & Natural Resources
- Gopher & Vole Management- Roger Baldwin, UC Davis
- Using PRESCRIBE- Ed Duarte, Alameda County Dept. of Agriculture/ Weights & Measures

Wednesday, March 31, 2021

Start Time- 8:00am- 10:00 am PST

Register Here: <https://attendee.gotowebinar.com/register/2882391035902433293>

- Navigating AB1788- Jim Hartman, Los Angeles County Dept. of Agriculture/ Weights & Measures
- Rodenticide Exposure in Wildlife- Jaime Rudd, California Dept. of Fish & Wildlife
- Active Ingredients & Modes of Actions for Managing Rodents in CA- Niamh Quinn, UC Division of Agriculture & Natural Resources

Thursday, April 1, 2021

Start Time- 8:00am- 10:00 am PST

Register Here: <https://attendee.gotowebinar.com/register/3489558948946393357>

- Rat Trapping 101- Niamh Quinn, UC Division of Agriculture & Natural Resources
- Health Significance of Rodents for Rodent Managers- Laura Krueger, Orange County Mosquito & Vector Control District
- Controlling Rodents in Homeless Encampments- Mike Mooney, Alameda County Vector Control Services District

Email with Questions:

trainingsupport@target-specialty.com

Urban & Community IPM Webinars

The UC Statewide Integrated Pest Management Urban & Community Program is excited to present a new monthly webinar series that is free and open to the public. Presenters will share helpful pest management information for California residents. Topics will vary each month, covering landscape pest management, household pests, rodent identification, understanding pesticides, management for weeds, invasive pests and more.

The first webinar topic is What is Integrated Pest Management? The webinar will be held Thursday, March 18 from 1:00-2:00pm PDT. [Click here to register: https://ucanr.zoom.us/webinar/register/WN_Ey4MqOHESDiy662ATPB8vQ](https://ucanr.zoom.us/webinar/register/WN_Ey4MqOHESDiy662ATPB8vQ)

All webinars will be held on the third Thursday of the month beginning at 1:00pm PDT and run for one hour. See the [webinar website](https://ucanr.edu/sites/ucipm-community-webinars/) for more information and upcoming webinar topics: <https://ucanr.edu/sites/ucipm-community-webinars/>

2021 Principles of Fruit & Nut Tree Growth, Cropping & Management April 19 - 23, 2021 Online Course

Understanding the fundamentals of tree biology is essential in making sound orchard management and business decisions in the tree fruit and nut industry. However, access to educational courses on basic fruit and nut tree biology, and how it relates to agronomic practices, is limited. Our course incorporates lecture, lab exercises, and field demonstrations to provide information on all aspects of basic plant biology and the relationship between plant biology and nuts and fruit orchard management.

Our course includes five days of instruction. Each day will have 4 hours of synchronous instruction, with supplemental asynchronous video instruction, and question and answer sessions with our instructors.

Registration is requested no later than April 12st, 2021.

Go to the [Fruit & Nut Research & Information Center's website](#) for more information.

Forestry News

Forest Stewardship Workshop

Join the workshop to understand and protect your forests by developing a Forest Management Plan. Topics include:

- Forest management objectives and planning

- Forest health, insects and disease
- Forest and fire ecology, wildlife, watersheds
- Fuels reduction and forest resource marketing
- Mapping, inventory and silviculture
- Project development & permitting
- Getting professional help and cost-share opportunities
- Native American cultural vegetation management practices
- Bureau of Indian Affairs allotment and tribal lands information

Participants will utilize online resources on their own time to complete learning modules and short activities. Zoom meetings with all participants and presenters will take place once a week on Tuesdays, 6-7:30pm. The in-person field day will cover silviculture, forest inventory and mapping activities. Participants who complete the workshop will be **eligible for a free site visit** with a California Registered Professional Forester.

Check the [Forestry Stewardship Workshop webpage](#) for workshop dates.

For additional information or questions, please contact Kim Ingram, Forest Stewardship Coordinator at kcingram@ucanr.edu or Sue Carter, Assistant Tribal Administrator/Environmental Director, Big Sandy Rancheria at suecarter@bsrnation.edu.

Livestock & Rangeland News

Managing Weeds in Grasslands and Rangelands Recorded Webinar

If you missed the **Managing Weeds in Grasslands and Rangelands** in the Context of Fire in California webinar on Nov. 18, 2020 (9 AM-12 noon PST), you're in luck. We have the recordings of each presentation here.

Click for [FULL WEBINAR](#) recording.

Click for [Individual Recordings of speakers](#).

Living with Wildfire

Prescribed Fire on Working Landscapes

Prescribed fire is a critical tool for managing working rangelands and forests in the Sierra Nevada. This multi-session, hands-on workshop will focus on landowner-led efforts to reintroduce good fire into working ranchland and timber land. The workshop will include virtual classroom presentations, a hands-on burn preparation field day, and participation in a broadcast burn (weather permitting).

Workshop Topics:

- Benefits of prescribed fire
- Permitting
- Planning your burn
- Liability issues
- Tools and equipment
- Burn planning and site preparation
- Personal protective equipment
- Working with neighbors

Webinar & Field Day Dates:

- Prescribed Fire Basics Webinar: **March 30 (5-6:30pm)**
- Burn Preparation Field Day: **March 31 (Session 1: 8:30a-12p) (Session 2: 12:30-4p)**
- Broadcast Burn: **(April –Date TBA)**

Location: **Edwards Family Tree Farm, Colfax, CA**

Registration: \$30 per person. Space is limited, so register early at <http://ucanr.edu/rxacademy/>.

For more information: Please contact Dan Macon, (530) 889-7385 or dmacon@ucanr.edu.

Covid-19: The entire workshop will be held outdoors. Participants will be required to wear masks and remain 6 feet apart throughout the workshop. There is ample room for social distancing and no carpooling will be necessary. Participation will be capped at 15 people total for each session. We will follow guidance from Placer County prior to the event and may cancel if current state and county health policies change.

To reduce wildfire risk, forestland owners can do winter controlled burns, says UCCE expert



point.”

When conditions are right, winter can be a good time to conduct prescribed burns for forest management, says Rob York, UC Cooperative Extension forestry specialist.

“A huge issue we have in California is fire severity. We know from research that prescribed fire can be a very good tool for reducing fire severity,” York said. “For forest landowners or foresters who want to do their own prescribed burning, winter burning can be a good entry

York is based at the UC Blodgett Forest Research Station in Georgetown, where he developed a series of eight short videos demonstrating how fire can be used on landscapes during the

colder months. The videos feature controlled fires conducted at the station on Dec. 6 and 9, 2020. More videos in this series will be posted during the upcoming year.

[Continue reading...](#)

UCCE Master Food Preservers

As we create a plan to return to work we are still working remotely to answer your questions and address needs during this time. We are working to provide more virtual presentations for our communities to learn safe home food preservation. Check out our [website](#), we have many [articles](#) and tested [recipes](#) for you. Or, if you have a food safety or food preservation question, see our "[Ask a Master Food Preserver](#)" webpage or call 530-621-5506 to leave a message and someone will return your call.

Thank you for your understanding.



Upcoming Food Preservation Classes

Master Food Preserver Programs in our area have been working on presenting live, online food safety and preservation classes. They are working on their 2021 schedule now. You must register to get the link to join the classes and in most cases any residents of Amador, Calaveras, El Dorado and Tuolumne counties may attend these classes:

3-17: [Preserving Meats online class](#) presented by the UCCE Master Food Preservers of Sacramento County

4-7: [Ask a UC Master Food Preserver - Live online class](#) presented by the UCCE Master Food Preservers of Sacramento County

[Check their online calendar for upcoming classes to be posted soon.](#)

Follow Us Online

UCCE Master Food Preservers of Central Sierra

Amador/Calaveras

- Phone: **209-223-6482**
- Email: acmfp@ucanr.edu
- Online: [Ask a Master Food Preserver](#)
- Look for us on [Facebook](#)

El Dorado County

- Phone: **530-621-5506**
- Email: edmfp@ucanr.edu
- Online: [Ask a Master Food Preserver](#)
- Look for us on [Facebook](#)

UC Master Food Preserver Program

[Publications Library](#)

[Recipe Card Library](#)

[Video Library](#)

UCCE Master Gardeners

As we begin to plan more online learning opportunities for the 2021 year, our UCCE Master Gardeners are available to answer your questions! When leaving phone messages, be sure to include your contact information so we can get back to you with answers. You can also explore our online resources, including [monthly gardening tips](#), original articles written by UCCE Master Gardeners in [Amador](#), [Calaveras](#), [El Dorado](#), and [Tuolumne](#) Counties, and [South Lake Tahoe](#), and [Over the Garden Gate](#), a radio show presented by the UCCE Master Gardeners of Tuolumne County's, by visiting our [UCCE Master Gardeners of Central Sierra website](#) anytime!

Gardening Classes & Events Calendar

Master Gardener Programs across our 4 county area have been hosting live online gardening classes. You must register to get the link to join the classes in most cases and any residents of Amador, Calaveras, El Dorado and Tuolumne counties may attend these classes (registration is required):

3-20: [Turning Dirt into Gold online class](#), hosted by UCCE Master Gardeners of El Dorado County

4-3: [Composting - Online Class](#), hosted by UCCE Master Gardeners of Amador County

Plant Sales: Save the Date

Annual Plant Sales are happening beginning in April.

More information coming soon, please check our websites for more details

El Dorado County Sale: April 17 - [https://ucanr.edu/sites/EDC Master Gardeners/](https://ucanr.edu/sites/EDC_Master_Gardeners/)

Amador County Plant Sale: April 24-25 - [https://ucanr.edu/sites/Amador County MGs/](https://ucanr.edu/sites/Amador_County_MGs/)

Online Class Recordings

Amador County's [Handouts and Presentations webpage](#).

El Dorado County's [Presentations and Handouts webpage](#).

Tuolumne County's [Presentations and Class Recordings webpage](#).

Tuolumne County's [Over the Garden Gate Master Gardeners' local broadcast](#).

Check out our [YouTube videos](#) to find more...

Follow us on social media!

[Find Our Class Recordings on YouTube](#)

[Master Gardeners of Amador County](#)

- Phone: 209-223-6838
- Email: mgamador@ucanr.edu
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)

[Master Gardeners of Calaveras County](#)

- Phone: 209-754-2880
- Email: calaverasmg@ucanr.edu
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)

[Master Gardeners of El Dorado County](#)

- Phone: 530-621-5512
- Email: mgeldorado@ucanr.edu
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)
- Follow us on [Instagram](#)
- Follow us on [Pinterest](#)



[Master Gardeners of Lake Tahoe](#)

- Phone: 530-314-8383
- Email: laketahoemg@ucanr.edu
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)
- Follow us on [Instagram](#)

[Master Gardeners of Tuolumne County](#)

- Phone: 209-533-5912
- Online: [Ask a Master Gardener](#)

Look for us on [Facebook](#)

Join us on Facebook for our Victory Gardens 2020 community! Click the link and click JOIN. <https://www.facebook.com/groups/2869134093201149/>

Open to ANY resident of Calaveras, Amador, El Dorado or Tuolumne Counties.

UCCE 4-H Youth Development News

4-H Youth Development Calendar

Enrollment is open for the 2020/2021 Program Year.

[Join 4-H Now](#)

Check the [UCCE 4-H Central Sierra webpages](#) for your county 4-H website for details about the 4-H Youth Development Program in your area. There you will find information about joining 4-H and becoming a member, the clubs and projects available and the calendar of events.

Statewide 4-H Events

[Save the Date: California Youth Summits](#)

The California 4-H Youth Summits are three-day leadership development conferences hosted in four locations across the state. Youth Summit programs are designed to grow the leadership abilities. Participants are mentored by senior 4-H'ers and caring adult volunteers. Younger members develop stronger relationships with their older peers as they both develop their leadership skills.

In a safe camp-like atmosphere, 4-H'ers will:

- Learn and practice personal leadership skills
- Learn about career pathways and college
- Build connections with 4-H members, volunteers, and staff throughout the area

Who should attend?

Intermediate 4-H'ers (ages 11-13). Senior 4-H members, ages 14+, can sign up as facilitators (staff).

Registration is open for [4-H Virtual Youth Summits](#).

Join us on social media & follow 4-H from home!

Visit your county's Facebook page for updates and activities to help keep us all connected:

[Amador 4-H](#)

[Calaveras 4-H](#)

[El Dorado 4-H](#)

[South LakeTahoe 4-H](#)

[Tuolumne 4-H](#)

[California 4-H](#)

[California 4-H at Home webpage](#)



[Amador 4-H](#), [Calaveras 4-H](#), [El Dorado 4-H](#), and [Tuolumne 4-H](#) are also officially on instagram! Follow [@California4H](#) to see what's happening around the state. We will be posting fun activities and resources - be sure to check it out!

UCCE Central Sierra Community Health & Nutrition

Visit our [UCCE Central Sierra COVID-19 Community Resources page](#) for the latest information about food resources and topics in your area.

Nutrition News for the Central Sierra

Welcome to our monthly newsletter about food, nutrition, and healthy living in the Central Sierra.

To read the [most recent newsletter](#), or peruse past issues, visit our [website](#), or click below to subscribe.

[Click here to join the Nutrition Newsletter Mailing List.](#)



Updated Guidelines for Healthy Living Webinar



Are you looking for research-based, reliable information about how to eat healthfully for yourself, your family, or your clients? In observance of National Nutrition Month this March, you're invited to a free, informational webinar about this topic.

The webinar will focus on the Dietary Guidelines for Americans, which bring together the current research on healthy eating into one set of recommendations that can help us make informed choices about what to eat. The Dietary Guidelines for Americans are updated every five years, and the latest edition for 2020-2025 was recently released.

WHAT:

A webinar to learn:

1. How the Dietary Guidelines for Americans are developed.
2. Changes to the Dietary Guidelines for Americans in the new 2020-2025 edition.
3. An overview of what the guidelines say: What does healthy eating look like?
4. Q&A - A discussion on some of the most common questions about healthy eating.

WHEN:

Two sessions will be held. Choose either:

Saturday, March 20th, 1:30-2:30pm or Monday, March 22nd, 3:30-4:30pm

WHERE:

This will be a live, virtual event on Zoom. After registering, you will receive a confirmation email with details on how to join.

Register to Attend: https://ucdavis.co1.qualtrics.com/jfe/form/SV_0BAqZTnvrYWvwpg

The webinar will be conducted by Katie Johnson, the Nutrition, Family and Consumer Sciences Advisor for the University of California Cooperative Extension in the Central Sierra. Contact her with any questions about the webinar: ckrjohnson@ucanr.edu

Find more information about the guidelines from the United States Department of Agriculture: DietaryGuidelines.gov

Harvest of the Month



One sure sign of Spring in California is the appearance of asparagus. The green stalks of perennial asparagus plants only grow for a short time each year, making this one of the most seasonal of vegetables. March is a great time to enjoy asparagus while it's abundant in local markets and gardens. A good source of Vitamins A and C, asparagus also contains some fiber, iron, and even protein. A bunch of asparagus often needs to have the base of each spear trimmed or snapped off, as that part may be woody. However, test a spear to see if the base is truly woody, to avoid wasting more of the tender vegetable than needed. Fresh asparagus is delicious quickly steamed or sautéed and dressed with a squeeze of lemon juice, but it's also a great addition to many dishes. See below for healthy ideas to cook with asparagus, or learn more about asparagus at the USDA's [Seasonal Produce Guide](#).

Recipe Ideas:

[Asparagus and Red Quinoa Salad](#)

[Roasted Asparagus](#)

[Spring Vegetable Sauté](#)

[Ginger Almond Asparagus](#)

UCCE Integrated Pest Management and more...

[Natural Enemies Gallery](#)

[Plant problem diagnostic tool](#)

[Recent Updates at IPM](#)

[Seasonal IPM](#)

[UCIPM Green Bulletin - Fall 2020](#)

[UCIPM Weather Models & Degree Days webpage](#)

[Weed Identification and Photo Gallery](#)

Thank you for your continued interest in the UC Cooperative Extension Central Sierra's news, workshops, and events.

Sincerely,

JoLynn Miller, Director and 4-H Youth Development Advisor
University of California Cooperative Extension Central Sierra

530-621-5502 | 888-764-9669 | cacentralsierra@ucdavis.edu | cacentralsierra.ucanr.edu



Accessibility: Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.

The University of California working in cooperation with County Government and the United States Department of Agriculture.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

Quick Links...

[Our Website](#)
[Events & Workshops](#)
[Archived Newsletters](#)

UC Cooperative Extension Central Sierra | 311 Fair Lane, Placerville, CA 95667

[Unsubscribe rkleveland@ucanr.edu](mailto:rkleveland@ucanr.edu)

[Update Profile](#) | [Customer Contact Data Notice](#)

Sent by rkleveland@ucanr.edu powered by



Try email marketing for free today!