

June 2021



## UC Cooperative Extension Central Sierra

*Serving Amador, Calaveras, El Dorado and Tuolumne counties.*

### Your monthly news & event announcements

Join our mailing list.



Greetings from UCCE Central Sierra,

Hello June. Summer is here. And with that comes gardening galore, firesafe landscaping, fruit trees blooming and so much more.

We are once again participating in Big Dig Day tomorrow, June 4th. UC Agriculture and Natural Resources strives to improve the lives of Californians. Through research and extension in agriculture, natural resource management, and community development, we are your trusted source of information and a partner serving your communities. We believe in practical solutions for major challenges in the Central Sierra. That is why we created #BigDigDay! Give today and you can make a difference! #DigDeep at [ucanr.edu/bigdig](https://ucanr.edu/bigdig)

Now more than ever we know the value of community, research, and science-based information. In times of crisis—and beyond, we are here.

Please contact me if you have any questions and take care and stay healthy.

Sincerely,

JoLynn Miller, Director and 4-H Youth Development Advisor,  
University of California Cooperative Extension Central Sierra

Visit our Website



## UCANR - Coronavirus and COVID-19

We are diligently working towards in-person activities but for now we have many virtual classes on our calendar. Most of our staff is still working remotely but we are always here to answer your questions and address your needs. Please see our [calendar](#) or call us to learn more about the wonderful virtual classes we have coming up.

You can contact us at our main phone number, (530) 621-5502, or by email at [cecentralsierra@ucanr.edu](mailto:cecentralsierra@ucanr.edu).

## Agriculture News

### Cold Fall and Arid Winter Conditions Wreak Spring Havoc in Some Vineyards - May 27, 2021

Hello Fodder Friends! This spring I've taken many farm calls from grape growers in Amador and Calaveras counties who are concerned about uneven shoot growth or, in severe cases, the complete lack of budbreak. Some vineyards are experiencing no growth from the "count" bud (the bud pruned to for fruit) and a lot of push from fruitless latent or tertiary buds further down. Other vineyards have shoot growth, but it is very late, and coming out slow and stunted.

When cutting into the spurs, we see green tissue. But when some of the buds (those not pushing at all) are dissected, the primary bud appears brown-indicating dead tissue. Many of the growers told me that they think this is due to fall frost-and they are right!! (Although I admit I was slow to believe it until I looked at the data)!

[Continue reading blog...](#)



## Forestry News

## California Forest Stewardship Workshop - Save the Date

Join the workshop to understand and protect your forests by developing a Forest Management Plan.

Online beginning August 4, 2021 - September 29, 2021, and

In-person Saturday, August 28th

Location: Tuolumne County, CA.

Registration Fee: \$60.00

Topics include:

- Forest management objectives and planning
- Forest health, insects and disease
- Forest and fire ecology, wildlife, watersheds
- Fuels reduction and forest resource marketing
- Mapping, inventory and silviculture
- Project development & permitting
- Getting professional help and cost-share opportunities

Participants will utilize online resources on their own time to complete learning modules and short activities. Zoom meetings with all participants and presenters will take place once a week on Wednesdays, 6-7:30pm. The in-person field day will cover silviculture, forest inventory and mapping activities. Participants who complete the workshop will be **eligible for a free site visit** with a California Registered Professional Forester.

Check the [Forestry Stewardship Workshop webpage](#) for workshop dates.

For additional information or questions, please contact Kim Ingram, Forest Stewardship Coordinator at [kcingram@ucanr.edu](mailto:kcingram@ucanr.edu).

## Living with Wildfire

### Prescribed Burn Association Interest Meeting (on line)

Thursday, July 1st, 2021 - 5:00 to 6:30 pm

#### Meeting Description:

Prescribed fire is a critical tool for managing working rangelands and forests in the Sierra Nevada. This online meeting will convene those interested in carrying out prescribed burns in Tuolumne and Calaveras counties to talk about the next steps for forming a local prescribed burn association.

#### Who should attend:

Tuolumne or Calaveras county residents interested in:

- Using prescribed fire on their own property



- Working with neighbors to increase the use of prescribed fire in the area
- Finding out more about prescribed burn associations

#### **Meeting Topics:**

- How a Prescribed burn association (PBA) works
- Permitting and liability issues
- Tools and personal protective equipment
- Next Steps for forming a PBA

#### **Registration:**

Please register for the zoom meeting at <http://ucanr.edu/pbameeting>. A zoom link to join the meeting will be sent to you at a later time.

Please contact Susie Kocher, [sdkocher@ucanr.edu](mailto:sdkocher@ucanr.edu). Also, please check out the California PBA website at <https://calpba.org>.

## **Be Prepared for Fire Season!**

Are you prepared for fire season? There are many things that you can do to help make your home and property more fire resistant. We all face these challenges every summer as the vegetation becomes dryer and dryer. Don't let down your guard. Visit the UCCE [Living with Fire webpage](#) for information and resources.

Publications that can aid you on your endeavor of becoming more fire resistant:

[Landscaping Tips to Help Defend Your Home from Wildfire](#), UC ANR Publication 8322 Fire

[Resistant Landscaping](#) - CalFire's firesafe landscaping information.

[The Combustibility of Landscape Mulches](#), UNCE Publication

## **Livestock and Rangeland News**

### **Beef cattle grazing more help than harm for endangered plants and animals**

Well-managed grazing can control non-native plants and maintain habitat and ecosystems to support a variety of species.

Research recently published in the journal Sustainability documents a role for livestock grazing to support the conservation of imperiled plant and animal species in California.

Livestock grazing occurs in every county except San Francisco and is the single greatest land use in California. Grazing livestock, primarily beef cattle, often share lands with threatened and endangered species. California has more federally listed threatened and endangered species (287 plants and animals) than any other state in the continental US. While this is a result of our state's



varied climate, soils and topography, the threat to diversity is predominantly from habitat loss due to land use change. Housing and urban development, solar and wind farms, cultivated agriculture, and public works projects such as reservoirs, roads and high-speed rail all result in habitat loss for some native species, many of which are threatened or endangered. Alternatively, maintaining ranching, or managed grazing for beef cattle production, can support the conservation of many threatened and endangered species in California.

[Continue reading...](#)

## UCCE Master Food Preservers

As we create a plan to return to work we are still working remotely to answer your questions and address needs during this time. We are working to provide more virtual presentations for our communities to learn safe home food preservation. Check out our [website](#), we have many [articles](#) and tested [recipes](#) for you. Or, if you have a food safety or food preservation question, see our "[Ask a Master Food Preserver](#)" webpage or call 530-621-5506 to leave a message and someone will return your call.



Thank you for your understanding.

## Upcoming Food Preservation Classes

Master Food Preserver Programs in our area have been working on presenting live, online food safety and preservation classes. They are working on their 2021 schedule now. You must register to get the link to join the classes and in most cases any residents of Amador, Calaveras, El Dorado and Tuolumne counties may attend these classes:

**6-16: [Jam Making, Summer Fun](#)**, presented by the UCCE Master Food Preservers of Sacramento County

[Check their online calendar for upcoming classes to be posted soon.](#)

## Follow Us Online

### UCCE Master Food Preservers of Central Sierra

#### **Amador/Calaveras**

- Phone: **209-223-6482**
- Email: [acmfp@ucanr.edu](mailto:acmfp@ucanr.edu)
- Online: [Ask a Master Food Preserver](#)
- Look for us on [Facebook](#)

#### **El Dorado County**

- Phone: **530-621-5506**
  - Email: [edmfp@ucanr.edu](mailto:edmfp@ucanr.edu)
  - Online: [Ask a Master Food Preserver](#)
  - Look for us on [Facebook](#)
-

## UC Master Food Preserver Program

[Publications Library](#)

[Recipe Card Library](#)

[Video Library](#)

## UCCE Master Gardeners

We are off to a great start with our virtual classes planned for the 2021 year. Our UCCE Master Gardeners are always available to answer your questions! When leaving phone messages, be sure to include your contact information so we can get back to you with answers. You can also explore our online resources, including [monthly gardening tips](#), original articles written by UCCE Master Gardeners in [Amador](#), [Calaveras](#), [El Dorado](#), and [Tuolumne](#) Counties, and [South Lake Tahoe](#), and [Over the Garden Gate](#), a radio show presented by the UCCE Master Gardeners of Tuolumne County's, by visiting our [UCCE Master Gardeners of Central Sierra website](#) anytime!

## Gardening Classes & Events Calendar

Master Gardener Programs across our 4 county area are hoping to return to in person classes soon but will continue hosting live online gardening classes until then. You must register to get the link to join the classes in most cases and any residents of Amador, Calaveras, El Dorado and Tuolumne counties may attend these classes (registration is required):

**6-8:** [Grow Your Own Tomatoes - high elevation virtual class](#), hosted by the UCCE Master Gardeners of Lake Tahoe Basin.

**6-9:** [Bouquets of Flowers: How to Grow, Harvest and Arrange Virtual Class](#), hosted by UCCE Master Gardeners of El Dorado County

**6-12:** **KIDS' Class** [Grow n' Show Your Plants at the Fair](#), hosted by the UCCE Master Gardeners of El Dorado County at the Sherwood Demonstration Garden.

**6-15:** [Grow Your Own Herbs - high elevation virtual class](#), hosted by the UCCE Master Gardeners of Lake Tahoe Basin.

**6-19:** [Heritage Rose Garden Open Garden Day](#) - Amador County

**6-26:** [Gorgeous Low-Water Gardening Virtual Class](#), hosted by UCCE Master Gardeners of Amador County

## Have you attended a Fire Wise Landscaping Class?

This virtual class was presented by UCCE Master Gardener of El Dorado County Alice Cantelow on February 27, 2021. The video is 1 hour and 37 minutes. Take a look and get prepared for another fire season.



## Online Class Recordings

Amador County's [Handouts and Presentations webpage](#).

El Dorado County's [Class Recordings and Handouts](#).

Tuolumne County's [Presentations and Class Recordings webpage](#).

Tuolumne County's [Over the Garden Gate Master Gardeners' local broadcast](#).

Check out our [YouTube videos](#) to find more...

## Follow us on social media!

### [Find Our Class Recordings on YouTube](#)

#### [Master Gardeners of Amador County](#)

- Phone: 209-223-6838
- Email: [mgamador@ucanr.edu](mailto:mgamador@ucanr.edu)
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)

#### [Master Gardeners of Calaveras County](#)

- Phone: 209-754-2880
- Email: [calaverasmg@ucanr.edu](mailto:calaverasmg@ucanr.edu)
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)

#### [Master Gardeners of El Dorado County](#)

- Phone: 530-621-5512
- Email: [mgeldorado@ucanr.edu](mailto:mgeldorado@ucanr.edu)
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)
- Follow us on [Instagram](#)
- Follow us on [Pinterest](#)

#### [Master Gardeners of Lake Tahoe](#)



- Phone: 530-314-8383
- Email: [laketahoemg@ucanr.edu](mailto:laketahoemg@ucanr.edu)
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)
- Follow us on [Instagram](#)

#### **Master Gardeners of Tuolumne County**

- Phone: 209-533-5912
- Online: [Ask a Master Gardener](#)
- Look for us on [Facebook](#)

Join us on Facebook for our Victory Gardens 2021 community! Click the link and click JOIN. <https://www.facebook.com/groups/2869134093201149/>

Open to ANY resident of Calaveras, Amador, El Dorado or Tuolumne Counties.

## **UCCE 4-H Youth Development News**

### **4-H Youth Development Calendar**

**Enrollment is open for the 2020/2021 Program Year.**

#### **Join 4-H Now**

Check the [UCCE 4-H Central Sierra webpages](#) for your county 4-H website for details about the 4-H Youth Development Program in your area. There you will find information about joining 4-H and becoming a member, the clubs and projects available and the calendar of events.

### **4-H Fair Dates to Note**

**6-18 - 6-20 (auction on 6/19): [El Dorado County Livestock Shows](#)**

**7-1 - 7-4: [Mother Lode Fair](#)**

**7-29 - 8-1: [Amador County Fair](#)**

**9-23 - 9-26: [El Dorado County Fair](#)**

## **2021 Junior Livestock Auction El Dorado County**

**June 18-20 Junior Livestock Show**

**June 19 Auction**

[Schedule including Show Order](#)

[Full Livestock Schedule](#)

[Friday Load-in Map](#)

[Buyer Information](#)

If you are unable to join us on June 19th, please print this form, fill out, and send to the El Dorado Jr. Livestock Auction Committee by email to [edcauction@gmail.com](mailto:edcauction@gmail.com) or by mail to PO Box 1601 Placerville, CA 95667. Please email us at [edcauction@gmail.com](mailto:edcauction@gmail.com) with questions regarding the Proxy Letter and how it works!

### Join the Group

We would like to invite all of our community members to become a member of The Group! The minimum donation amount to become a member of the Group is \$200.00. Email [edcauction@gmail.com](mailto:edcauction@gmail.com) for more information!

See the [El Dorado County Fair Junior Livestock Auction webpage](#) for more information.

## Join us on social media & follow 4-H from home!

Visit your county's Facebook page for updates and activities to help keep us all connected:

[Amador 4-H](#)

[Calaveras 4-H](#)

[El Dorado 4-H](#)

[South LakeTahoe 4-H](#)

[Tuolumne 4-H](#)

[California 4-H](#)

[California 4-H at Home webpage](#)

[Amador 4-H](#), [Calaveras 4-H](#), [El Dorado 4-H](#), and [Tuolumne 4-H](#) are also officially on instagram! Follow [@California4H](#) to see what's happening around the state. We will be posting fun activities and resources - be sure to check it out!



## UCCE Central Sierra Community Health & Nutrition

Visit our [UCCE Central Sierra COVID-19 Community Resources page](#) for the latest information about food resources and topics in your area.

**Welcome to our monthly newsletter about food, nutrition, and healthy living in the Central Sierra.**

To read the [most recent newsletter](#), or peruse past issues, visit our [website](#), or click below to subscribe.



[Click here to join the Nutrition Newsletter Mailing List.](#)

## Harvest of the Month



Green beans are a green vegetable that also sometimes come in other colors, like purple, yellow, or even stripes. While they may be a popular dish on the Thanksgiving table, green beans actually grow best during the summer months when the weather is warm, as they don't tolerate freezing temperatures. Green beans are usually available by the month of June, and they are one of summer's staples that continues to remain abundant throughout the season. Some varieties of green beans are smooth, tender and slender, while others have fatter pods and may have significant strings running down them that can be pulled off prior to cooking. These fibrous strings inspire the vegetable's other name, "string beans." Green beans are a legume like other beans and peas, although they are not as high in protein as other legumes are, containing around 2 grams of protein per cup. They are a good source of fiber and Vitamin C, and also contain some Vitamin A, iron, and potassium. See below for healthy recipe ideas starring green beans, or learn more about green beans and view their nutrition facts at [Harvest of the Month](#).

Recipe Ideas:

[Spicy Green Beans](#)

[Roasted Green Beans](#)

[Creole Green Beans](#)

[Green Bean and Mushroom Medley](#)

## [UCCE Integrated Pest Management and more...](#)

[Natural Enemies Gallery](#)

[Plant problem diagnostic tool](#)

[Recent Updates at IPM](#)

[Seasonal IPM](#)

[UCIPM Green Bulletin - Fall 2020](#)

[UCIPM Weather Models & Degree Days webpage](#)

[Weed Identification and Photo Gallery](#)

Thank you for your continued interest in the UC Cooperative Extension Central Sierra's news, workshops, and events.

Sincerely,

JoLynn Miller, Director and 4-H Youth Development Advisor  
University of California Cooperative Extension Central Sierra

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#### Quick Links...

[Our Website](#)  
[Events & Workshops](#)  
[Archived Newsletters](#)

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